

Alpine County Mental Health Board

November 30th, 2017

Meeting Minutes

Firehouse Wellness Center

Firehouse Wellness Center
96 Washoe Blvd
Markleeville, CA 96120

MEMBERS PRESENT

Jane Sweeney
Jessica Bennett
Rita Lovell
Katherine Rakow

MEMBERS ABSENT

None

Roll Call

Via Teleconference (712) 775-7031 ID No. 874-825#

Location: Alpine County Sheriff Substation

88 Bear Valley Rd., Bear Valley CA 96120

Attendee(s): Member Jema Kimmel

Other Attendees:

Alissa R. Nourse, BHS Director
Deb Goerlich, BHS Admin Asst. III
Nani Ellis, BHS Coordinator
Hannah Marzocca, First 5 Alpine - "New" Executive Director
Misty Stewart, Live Violence Free - Alpine Coordinator

1. Call to order regular meeting:

The meeting was called to order at 12:03 p.m.

2. Oral Communication - General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on matters not listed on the agenda.

Introductions of Public Attendees, BHS Staff and MHB members

3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

3.1 Request approval of regular meeting minutes of 10/26/2017

MOTION J. Kimmel /SECOND R. Lovell to approve the regular meeting minutes

AYES: J. Kimmel, R. Lovell, J. Sweeney, J. Bennett

NOES: NONE

MOTION CARRIED

4. New Business:

4.1 Discussion and possible action on the annual dues for the California Association of Local Behavioral Health Boards and Commissions (CALBHBC).

Table to the next scheduled meeting

4.2 Discussion on May "Mental Health Awareness"

- Nani Ellis, BHS Coordinator reported that May's Mental Health Awareness speaker will be Jason Simon on May 23rd, possibly at Diamond Valley School for the students and other community agency partners for the a.m. session, if approved by Dr. Traynor. The evening session to be held at the Hung-A-Lel-Ti Gym. Details to follow.
- Discussion around the May 50+ Potluck. Chair Sweeney suggested extending an invitation to Alan & Jeanne, NAMI leaders, to do their presentation.

4.3 Discussion on the External Quality Review Organization (EQRO) report – Nani Ellis, BHS Coordinator

- The cover letter and report was disseminated for review, attached hereto; Exhibit A. Nani will email upon request.

4.4 2018 Mental Health Board Calendar was disseminated for review, attached hereto; Exhibit B.

- The calendar was disseminated and reviewed

4.5 Discussion and possible action to cancel the December MHB meeting on 12/21/2017

MOTION J. Bennett /SECOND J. Sweeney to approve the cancellation of the December Mental Health Board meeting

AYES: J. Bennett R., J. Sweeney, J. Kimmel, R. Lovell

NOES: NONE

MOTION CARRIED

5. Unfinished Business

5.1 Director Report- Alissa Nourse or designee

- Reported on the visit from the Steinberg Institute to Alpine County's Behavioral Health Services. . Alpine in collaboration with both Mono & Inyo Counties and is in the process of implementing the "Strengths Model".
- Reported the ACBHS staff took the Gallup Top 5 Strengths Survey and engaged as a group with the results to apply each of their Strengths.
- Reported the **revised** MHB By-Laws have been put on Consent Agenda to be approved by the Board of Supervisors on Tuesday, December 5, 2017.
- The BHS Staff Presentation for the MHB members to be on the January 2018 Agenda.

5.2 Program Improvement Plan (PIP) Review

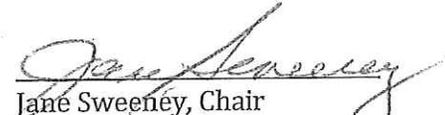
No progress to report

6. **Board Member Reports:**

- A) Chair Sweeney shared she was impressed with the Clint Marlachuck presentation. Afterwards, Clint recommended a book to her, "Untethered Soul". She read it on her trip and said it is a very powerful read.
- B) Vice Chair Bennett: nothing to report at this time.
- C) Member Rakow reported action taken at the BOS meeting on the BHS building facility, there will be no geo-thermal utilities.
- D) Member Kimmel reported: reported that someone inquired about the BV MHSA Coordinator opening.
- E) Member Lovell reported the Library will be serving cookies & cider starting on December 13th, through the end of the month to spread good cheer.

7. **Adjournment: 1:12 pm**

The next regular meeting of the Mental Health Board will be held on January 25, 2018 at the Firehouse Wellness Center, 96 Washoe Blvd., Markleeville, CA 96120.


Jane Sweeney, Chair
Mental Health Advisory Board

