

Alpine County Mental Health Board

October 26th, 2017

Meeting Minutes

Human Health Services

Conference Room

75A Diamond Valley Road
Markleeville, CA 96120

MEMBERS PRESENT

Jessica Bennett
Rita Lovell
Katherine Rakow

MEMBERS ABSENT

Jane Sweeney

Roll Call

Via Teleconference (712) 775-7031 ID No. 874-825#

Location: Alpine County Sheriff Substation

88 Bear Valley Rd., Bear Valley CA 96120

Attendee(s): Member Jema Kimmel

Other Attendees:

Alissa R. Nourse, BHS Director
Deb Goerlich, BHS Admin Asst. III
Alisa merino, Suicide Prevention Network
Kathryn Hill, Director of Sierra County

1. Call to order regular meeting:

The meeting was called to order at 12:03 p.m.

2. Oral Communication - General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on matters not listed on the agenda.

No General Public Comment

3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

3.1 Request approval of regular meeting minutes of 07/27/2017

MOTION R. Lovell /SECOND J. Bennett to approve the regular meeting minutes

AYES: R. Lovell, J. Bennett, J. Kimmel,

NOES: NONE

MOTION CARRIED

4. **New Business:**

4.1 Mental Health Board members to vote on approval of waiving the length of service limit of the Mental Health Advisory Board as a whole *or* revise the By-Laws and recommend the Board of Supervisors approve the waiver or revised By-Laws.

MOTION J. Kimmel/SECOND J. Bennett to approve the revision and make recommendation to the Board of Supervisors to adopt the revised By Laws

AYES: J. Kimmel, J. Bennett, R. Lovell

NOES: NONE

MOTION CARRIED

4.2 Discussion and possible action to complete the 2017 Data Notebook

- Electronic version of the Data Notebook was presented by Alissa R. Nourse, BHS Director
- Board Members participated in the developing the responses to the questions outlined in the Data Notebook
- Final version to be executed by Jane Sweeney, MHB Chair and Alissa R. Nourse, BHS Director and submitted to California Mental Health Planning Council (CMHPC) for finalization.

5. **Unfinished Business**

5.1 Director Report- Alissa Nourse or designee

- Dissemination of the FY 2015/16 & 2016/17 of BHS Accomplishments (EQRO)
- Building update
- CALBHB/C gave a presentation at the Behavioral Health Directors meeting .There was really good feedback and dissemination of the CALBHB Newsletter
- CIBHS – came to Alpine County and conducted a Baseline Fidelity review. They will be helping BHS in learning The Strengths Model in collaboration with Inyo, and Mono counties – this generally targets the Clinical Team, but Alpine County will include the MHSA TEAM: Amy Broadhurst-MHSA Coordinator, Dawn Riddle-MHSA Specialist, Melanie Smokey-Native Wellness Advocate , Ron Dobyns-BHS Driver and Michelle Kaner-Administrative Asst., concurrently training staff to be a Strength's Focus System
- Reported the resignation of BHS staff member Kati Krayk-MHSA Specialist Bear Valley.

5.2 Program Improvement Plan (PIP) Review

No progress to report

6. **Board Member Reports:**

A) Chair Sweeney reported: Not present

B) Vice Chair Bennett nothing to report this time. Bennett had an inquiry: if the extra room at the school was being utilized by the new school counselor? BHS Director reported that the room is dedicated to the PIP program, utilized by the PIP staff.

- C) Member Rakow: reported the John Fisher, Executor – First 5 Alpine, is resigning and Dr. Patrick Traynor, ACUSD-Superintendent, is looking to fill the position.
Also, that Erin Dobyms, Alpine County – Health Education Coordinator, has accepted the position that was held by Cheri Warrel, Early Learning Center Director.
Donald O’Conner was a concerned that he didn’t send his staff to the Presentation “A Matter of Inches”, not knowing if it was suitable to allow staff to attend with pay. Supervisor Rakow recommended that the MHB inform Alpine County Risk Management, and ask that staff be able to attend, with pay, the guest speakers for Suicide Prevention presentations.
- D) Member Kimmel reported: she attended the goodbye dinner for Kati at Create the Good and she will be on the lookout for someone interested in filling the up and coming vacant MHSA Specialist-Bear Valley position.
- E) Member Lovell reported that she hadn’t been to Yoga in a while, but that she is grateful that there is a Yoga program and actually how helpful it is.

7. **Adjournment: 1:12 pm**

The next regular meeting of the Mental Health Board will be held on November 30th 2017 at the Firehouse Wellness Center, 96 Washoe Blvd., Markleeville, CA 96120.


Jane Sweeney, Chair
Mental Health Advisory Board

