

Alpine County Mental Health Board

January 25, 2018

Meeting Minutes

Firehouse Wellness Center

96 Washoe Blvd.,
Markleeville, CA 96120



MEMBERS PRESENT

Jane Sweeney
Jessica Bennett
Rita Lovell
Katherine Rakow

MEMBERS ABSENT

Jema Kimmel

Other Attendees:

Deb Goerlich, BHS Admin Asst. III

1. Call to order regular meeting:

The meeting was called to order at 12:05 p.m.

2. Oral Communication - General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on matters not listed on the agenda.

No General Public Comment

3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

3.1 Request approval of regular meeting minutes of 11/30/17.

MOTION J. Bennett /SECOND R. Lovell to approve the regular meeting minutes

AYES: J. Bennett, R. Lovell, J. Sweeney

NOES: NONE

MOTION CARRIED

4. New Business:

4.1 Request selection of Chair for calendar year 2018

Nominations open

MOTION R. Lovell/SECOND J. Bennett for the nomination of J. Sweeney

AYES: R. Lovell, J. Bennett, J. Sweeney

NOES: NONE

MOTION CARRIED

Approved as submitted on 3/22/2018

- 4.2 Request selection of Vice Chair for calendar year 2018
Nominations open

MOTION R. Lovell/SECOND J. Sweeney for the nomination of J. Bennett

AYES: R. Lovell, J. Sweeney, J. Bennett

NOES: NONE

MOTION CARRIED

- 4.3 Discussion and possible action for Mental Health Board Advisory Member(s)
to attend the 2018 National NAMI Convention in New Orleans, LA, June 27-30.

MOTION J. Bennett/SECOND R. Lovell for the recommendation to the Board of Supervisors to approve the travel of *Jane Sweeney* to attend the 2018 NAMI Convention in New Orleans, LA

AYES: R. Lovell, J. Bennett, J. Sweeney

NOES: NONE

MOTION CARRIED

MOTION R. Lovell/SECOND J. Sweeney for the recommendation to the Board of Supervisors to approve the travel of *Jessica Bennett* to attend the 2018 NAMI Convention in New Orleans, LA

AYES: R. Lovell, J. Sweeney, J. Bennett

NOES: NONE

MOTION CARRIED

- 4.4 Discussion and possible action for Mental Health Board Advisory Member(s)
attend the NAMI Annual Conference in Monterey, CA, June 1-2.

MOTION R. Lovell/SECOND J. Bennett for the recommendation to the Board of Supervisors to approve the travel of *Jane Sweeney* to attend the NAMI Annual Conference in Monterey CA

AYES: R. Lovell, J. Bennett, J. Sweeney

NOES: NONE

MOTION CARRIED

MOTION R. Lovell/SECOND J. Sweeney for the recommendation to the Board of Supervisors to approve the travel of *Jessica Bennett* to attend the NAMI Annual Conference in Monterey CA.

AYES: R. Lovell, J. Sweeney, J. Bennett

NOES: NONE

MOTION CARRIED

- 4.5 Review Board of Supervisor approval of By-Law changes

Reviewed – No action taken

5. Unfinished Business

- 5.1 Program Improvement Plan (PIP) Review

Nothing to report

6. **Board Member Reports:**

- A) Chair Sweeney reported she attended the "Art Series" Pottery Wheel. She enjoyed it very much. Melanie Smokey, Native Wellness Advocate allowed folks to return on Monday (during drop in hours) to finish their project.
- B) Vice Chair Bennett shared she was an attendee at the Integrated Health Care meeting including PHS, BHS and HHS. Public Health has implemented a referral process in their progress notes so that the client can gain access to either department, to meet their needs.
- C) Member Rakow reported she attended the CIT meeting, which included BHS, Sheriff's office, the new Social Worker and the general public. She was very pleased to see the County group coming together.

She also shared that she has been educating herself on (Chronic traumatic encephalopathy) CTE. She has brought this to Alpine Co. officers, suggesting them to become more aware or versed and educated in this disorder, as it is becoming prevalent.

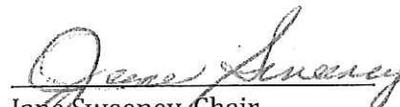
- D) Member Kimmel was not present.
- E) Member Lovell reported she is planning to attend a CIT meeting as soon as her schedule allows.

Library and BHS are partnering with the 3D Printer, recently purchased. Making it available to the community to make items.

Also, at the Library Free Jam Friday's (every Friday) from 3-5 hosted by Chris Seal.

7. **Adjournment: 1:02 pm**

The next regular meeting of the Mental Health Board will be held on February 22, 2018 at the HHS Conference Room, 75A Diamond Valley Road, Markleeville, CA 96120.


Jane Sweeney, Chair
Mental Health Advisory Board

