

Approved as submitted on March 7, 2019

Alpine County Mental Health Board

January 24, 2019

Meeting Minutes

Firehouse Wellness Center

96 Washoe Blvd.,
Markleeville, CA 96120

MEMBERS PRESENT

Jane Sweeney
Jessica Bennett
Rita Lovell

MEMBERS ABSENT

Jema Kimmel
Katherine Rakow

Jema Kimmel (unable to vote as the Teleconference information was not posted on the agenda, but able to give member report)

Other Attendees:

Deb Goerlich, BHS Admin Asst. III
Gail St. James, BHS Director
Nani Ellis, BHS Coordinator

1. **Call to order regular meeting:**

The meeting was called to order at 12:00 p.m.

2. **Oral Communication - General Public Comment**

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on matters not listed on the agenda.

No General Public Comment

3. **Consent Agenda**

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

3.1 Request approval of regular meeting minutes of 8/23/2018.

MOTION R. Lovell/SECOND J. Bennett to approve the regular meeting minutes

AYES: R. Lovell, J. Bennett, J. Sweeney

NOES: NONE

MOTION CARRIED with corrections



4. New Business:

- 4.1** Request selection of Chair for calendar year 2019
Nominations open

MOTION R. Lovell/SECOND J. Sweeney for the nomination of J. Bennett

AYES: R. Lovell, J. Sweeney, J. Bennett

NOES: NONE

MOTION CARRIED

- 4.2** Request selection of Vice Chair for calendar year 2019
Nominations open

MOTION J. Bennett /SECOND, J. Sweeney for the nomination of R. Lovell

AYES: J. Bennett, J. Sweeney, R. Lovell

NOES: NONE

MOTION CARRIED

- 4.3** Discussion and possible action for Mental Health Board Advisory Member(s) to attend the 2019 National NAMI Convention in Seattle WA, June 19-22, 2019.

TABLED TO THE NEXT SCHEDULED MEETING

- 4.4** Discussion and possible action for Mental Health Board Advisory Member(s) attend the 2019 NAMI Annual Conference in Newport Beach, CA, May 31–June 1, 2019.

TABLED TO THE NEXT SCHEDULED MEETING

- 4.5** Review EQRO Report – Nani Ellis, BHS Coordinator

- Dissemination of Report to MHB Members and Public – Attached Exhibit “A”

- 4.6** Discussion and possible action to change the MHB meeting from May 23rd to May 30th in order to hold the Public Hearing meeting for comments; in addition, have the MHB members approve the Annual MHSA update and give recommendation the Board of Supervisors for approval.

MOTION J: Sweeney/SECOND, J. Bennett J. for the approval of MHB meeting to be on May 30th, 2019

AYES: J. Sweeney, J. Bennett, R. Lovell

NOES: NONE

MOTION CARRIED

5. Unfinished Business

- 5.1** Director Report – Gail St. James

- Audit: Triennial was May 2016. The next one is May 2019
- Audit: Mental Health Services Act – very first one. May 13th, 2019 Funds/Programs

5. Unfinished Business

5.1 Director Report – Gail St. James

- No updates
- No building report (Construction on hold due to weather)

5.2 Program Improvement Plan (PIP) Review

- State of Ca is now requiring 4 PIPs
- CLINICAL PIP – For both MH & SU Disorder, there's 2
- Next PIP, Mindfulness based (1 more, going to the board in April)

6. Board Member Reports:

- A) Jessica Bennett, Chair reported that she and Deb will be on the CALBHB/C call. The handout for the call was shared with the MHB members for input.
- B) Rita Lovell, Vice-Chair reported on the interview she had with RDA.
- C) Jema Kimmel shared that the very heavy winter in Bear Valley promotes Domestic Violence, Alcohol consumption and Depression
- D) Katherine Rakow not present.

7. Adjournment: 12:59 pm

The next regular meeting of the Mental Health Board will be held on February 28, 2019 at the HHS Conference Room, 75A Diamond Valley Road, Markleeville, CA 96120.



Jessica Bennett Chair
Mental Health Advisory Board

