

Alpine County Mental Health Board

July 25, 2019

Meeting Minutes

Firehouse Wellness Center

96 Washoe Blvd.
Markleeville, CA 96120

MEMBERS PRESENT

Jessica Bennett
Rita Lovell

MEMBERS ABSENT

Katherine Rakow



ROLL CALL:

Jema Kimmel

Via Teleconferencing location at:

County Services Building

367 Creekside Drive, Bear Valley Ca 95223

Call in number (712) 775-7031

Access Code: 874-825

Other Attendees:

Deb Goerlich, BHS Admin Asst. III
Gail St. James, BHS Director

1. Call to order regular meeting:

The meeting was called to order at 12:09 p.m.

2. Oral Communication - General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on matters not listed on the agenda.

NO PUBLIC COMMENT

3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

3.1 Request approval of regular meeting minutes of 6/27/2019

MOTION R. Lovell/SECOND J. Bennett to approve the regular meeting minutes

AYES: R. Lovell, J. Bennett, J. Kimmel,

NOES: NONE

MOTION CARRIED

4. New Business:

4.1 Discussion and possible action on revisions to the MHB By-Laws.

- Will be covered in the annual goals/report

5. Unfinished Business

5.1 Director Report – Gail St. James or designee –

- Director shared an illustration to represent how the five key components in the MHSA Plan are funded and how they are spent

5.2 Program Improvement Plan (PIP) Review - Gail St. James, LMFT or designee.

- This is the first week of the 12 weekly sessions of Mindful Stress Based Group. We are collecting data of the attendees. The data will concede if the next phase will continue.

5.3 Quarterly Financial Review - Gail St. James, LMFT or designee.

- The Director gave an update on the BHS Building and the Budget cutbacks

5.4 Discussion and possible action for the recruitment of new MHB members and transportation options.

- Will be covered in the annual goals/report

5.5 Discussion and possible action on the annual dues for the California Association of Local Behavioral Health Boards and Commissions (CALBHBC).

- There was a discussion and after research, it was discovered that the dues are current, and the invoice for this fiscal year's dues has not yet been received.

5.6 Discussion and possible action on Mental Health Board Member's Annual Goals compilation and execution

- Tentative plans for Bennett Chair and MHB Secretary to work on the compilation of the MHB Annual Goals

5.7 Discussion and possible action on the presentation of the Mental Health Services Act (MHSA) components –

Amy Broadhurst, MHSA Coordinator – not present, see 5.1

6. Board Member Reports:

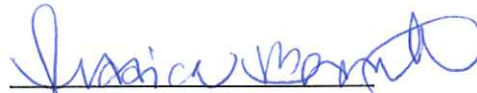
- A) Jessica Bennett – shared that at the NAMI Convention of the things she learned, these stood out the most. **1).** There is a 'Handle With Care' Model that if law enforcement is called and there are children identified at the scene, they find out where they go to school and make notification to Handle with Care before the start of the next school day. **2).** Teachers in classrooms prompt their students to give feedback on their daily moods.

Approved as submitted on 8/28/2019

- B) Rita Lovell, Vice-Chair reported that folks were inquiring about the recent changes in yoga and that she was directing them to the BHS Director.
- C) Katherine Rakow – not present.
- D) Jema Kimmel reported that CeeCee McPherson, the Bear Valley Clinician, is doing a great job at Create the Good and is a really nice person!

7. **Adjournment: 1:25 pm**

The next *Public Hearing* Mental Health Board will be held on August 22nd, 2019 at the Firehouse Wellness Center, 96 Washoe Blvd., Markleeville, CA 96120.



Jessica Bennett Chair
Mental Health Advisory Board

