

Alpine County Mental Health Board

November 20, 2020

Special Meeting Minutes

Via ZOOM

MEMBERS PRESENT

Jessica Bennett, Chair
Rita Lovell, Vice Chair
Supervisor, Katherine Rakow
Jane Sweeney

MEMBERS ABSENT

Michelle Lundy



Other Attendees:

Deb Goerlich, BHS Admin Asst. III
Nani Ellis, Fiscal & Administrative Supervisor
Katie Johnston – Fiscal Technical Specialist
Gail St. James, BHS Director

1. **Call to order regular meeting:**

The meeting was called to order at 12.13 p.m.

2. **Oral Communication - General Public Comment**

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on matters not listed on the agenda.

No General Public Comment

3. **Consent Agenda**

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

3.1 Request approval of regular meeting minutes of 10/22/2020

MOTION R. Lovell/SECOND J. Sweeney to approve the regular meeting minutes

AYES: R. Lovell, J. Sweeney, J. Bennett,

NOES: NONE

MOTION CARRIED

4. New Business:

- 4.1** Discussion and possible action on California Local Behavioral Health Boards and Committees (CALBHBC) website for training and resources

<https://www.calbhbc.org/training>

- Members viewed the training “Mental Health Services Act (MHSA) Roles of the Mental Health Board members –
- The discussion included on Question on #7 Substantive Recommendation? Chair to bring clarifications to the board next scheduled meeting

- 4.2** Discussion and possible action on the annual dues for the California Association of Local Behavioral Boards and Commissions (CALBH/BC)

MOTION J. Sweeney/SECOND R. Lovell to approve the invoice for annual dues of the CALBH/CB

AYES: J. Sweeney, R. Lovell, J. Bennett

NOES: NONE

MOTION CARRIED

- 4.3** Discussion and possible action on the 2020 Data Notebook

- Reviewed the compilation of the Data Notebook and it will be completed on the link provided by the California Behavioral Health Planning Council

5. Unfinished Business

- 5.1** Discussion and possible action on Mental Health Board Member’s Annual Goals compilation, execution and participation – Jessica Bennett

- Continue with trainings on the CALBH/BC website and revisit in 2021
- Work on the revision on the MHB By-Laws in 2021

- 5.2** Discussion and possible action for the recruitment of the new MHB member to fill the vacancies

- Discussion on the changes in the WIC 56.04 regarding new members can be employees or contracted employees of the County
- Looking further to see in the WIC that excluded Mental Health Department employees. To be reported at the next scheduled meeting

- 5.3** Director Report – Gail St. James, LMFT

Unapproved and subject to change

- Still in the new building
- Not open to the public
- Telepsychiatry and initial assessments being seen in a designation ZOOM room that is “roped” off, practicing NO CONTACT; Admins sanitizing and disinfection between patients

5.4 Program Improvement Plan (PIP) Review-Gail St. James, BHS Director

- PIP’s can only be for 2 years. One year in and one year left. Due to COVID, client numbers are down, so no data to collect or report.

5.5 MHSA (Mental Health Services Act) – Gail St. James, BHS Director

- Stakeholders Meeting held on November 18th, 2020
- Programs being held virtually, not very well attended i.e., CTG “Cook with the Chef”, perhaps with Winter months approaching, this may change
- Youth Programs not engaging
- The BHS Newsletter is put out door-to-door weekly and a Bulk mailing once a month.

6. Board Member Reports:

- A) Chair Bennett reported that anything that is on agenda needs to be handed in to Deb a week prior to the scheduled meeting.
- B) Vice Chair Lovell shared curbside is available and Wednesday and Saturday. The Bookmobile is not in operation. There is online program and digital resources available. The library is in the process of implementing “HOOPLA” (movies, books, audio books & TV services.
- C) Katherine Rakow, BOS Liaison shared her warm wishes. This is her last meeting with us. She enjoyed serving on this Board with delightful people and is looking forward to taking a break.
- D) Jane Sweeney – nothing to report
- E) Michelle Lundy – not present

7. Adjournment: 12:56 pm

The next regular meeting of the Mental Health Board will be held on January 28, 2021 location to be determined.

**Jessica Bennett, Chair
Mental Health Board**