



Public Health Brief

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COVID-19: Vaccine Side Effects – Don't Worry COVID-19 Infection – Worry!

Many folks in Alpine County are competing their 2-dose series of the Moderna COVID-19 vaccine this week and next week, and a sizable number will experience side effects. Here is a recent story outlining what you can expect: [Covid-19 vaccine side effects: Why you shouldn't freak out if these happen to you - CNN](#)



Are the side effects worth it? Absolutely. Remember what we are protecting against! We're protecting against an illness that's **killed more than half a million Americans**. And so it's a very modest price to pay. Even those who had bad side effects said they have no regrets.

Don't want to get vaccinated? WORRY!! The choice is yours!

- Want to be a long hauler? See: [Long haulers suffer long-term coronavirus symptoms | UC Davis Health](#)
- Want to face these choices? See: [COVIDLAND: A Film About Survival and Hope in the ICU \(medscape.com\)](#)

Call our Warm Line with questions or to get vaccinated: 530-694-1011



Public Health
Prevent. Promote. Protect.

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