

# Alpine County Mental Health Advisory Board

September 23, 2021

## Meeting Minutes

(via Zoom)

### MEMBERS PRESENT

Rita Lovell, Vice Chair  
Becky Thornburg, Member  
Deb Goerlich, Member  
Jane Sweeney, Member  
Kate Harvey, Member

### MEMBERS ABSENT

Dale Bennett, Member  
Irvin Jim, BOS Supervisor Liaison

### Other Attendees/Guests:

Teri McAlpin, BHS Employee (minutes)  
Michelle Kaner, BHS Employee  
Katie Johnston, BHS Employee  
Amy Broadhurst, First 5 Executive Director

#### **1. Call to order regular meeting:**

The meeting was called to order at 12:01pm

This meeting was initially conducted by Rita Lovell, Vice Chair. Once a Chair was voted into the vacant Chair position, the meeting was turned over to the new Chair, Deb Goerlich, to conduct.

#### **2. Oral Communication – General Public Comment**

**This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on matters not listed on the agenda. 3 minutes per person respectively.**

- a. Amy Broadhurst – announcements from First 5 and from the Child Abuse Prevention Council (CAPC)
  - i. Collaboration for Play Group between multiple agencies to offer Play Group monthly
    1. The focus is music, movement, mindfulness  
*Attachment #1 – Flyer for Play Group*
  - ii. CAPC is holding their Giving Tree event again this year to purchase food and toys for families in Alpine County.
    1. There is a QR code to purchase gift(s) located on page 6 in the current issue of Alpine Threads  
*Link to Alpine Threads with code:*  
[https://www.alpinecountyca.gov/DocumentCenter/View/4611/alpine-threads\\_fall-2021-web-version?bidId=](https://www.alpinecountyca.gov/DocumentCenter/View/4611/alpine-threads_fall-2021-web-version?bidId=)

### 3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

- a. Discussion with Possible Action: Request Approval of 5/27/21 regular meeting minutes. A motion was made and seconded.

*MOTION: Rita Lovell*

*SECOND: Jane Sweeney*

*Ayes: Rita Lovell, Jane Sweeney, Becky Thornburg, Kate Harvey, Deb Goerlich*

*Nays: None*

*Abstained: None*

**MOTION CARRIED**

### 4. New Business

- a. Discussion with Possible Action: By-Laws Review – possibly revise/update By-Laws
  - i. Members were asked to review the current by-laws and determine suggested changes or revisions.

ACTION STEP: Members will forward suggested revisions to Chair and secretary to be prepared for review at the next meeting.

- b. Discussion with Possible Action: MHB Meeting Schedule Discussion – possible revise meeting schedule

- i. Members discussed the option of moving to quarterly meetings, but decided that monthly meetings are the better option. A motion to maintain monthly meetings was made and seconded.

*MOTION: Becky Thornburg*

*SECOND: Jane Sweeney*

*Ayes: Rita Lovell, Jane Sweeney, Becky Thornburg, Kate Harvey, Deb Goerlich*

*Nays: None*

*Abstained: None*

**MOTION CARRIED**

- c. Discussion with Possible Action: MHB Meeting Platform Discussion – possibly return to in-person meetings

- i. Members discussed the possibility of returning to in-person meetings in light of the current status of Covid-19.
  - ii. Members agreed to continue this topic onto the agenda for the next meeting, and to obtain input from the Alpine County Medical Director, Dr. Johnson.

ACTION STEP: Deb Goerlich will obtain Dr. Johnson's input on in-person meeting guidelines and precautions and will have that information available for the next meeting.

- d. Discussion with Possible Action: Email regarding 2021 CBHPC (California Behavioral Health Planning Council) Data Notebook and 2021 Survey

## Approved as Submitted 10/28/2021

- i. Members were given a copy of the 2021 Data Notebook and corresponding survey to be completed.
- ii. The due date for this information is November 30, 2021.
- iii. Input is needed from the MHB members, and BHS staff to complete the packet and get it submitted on time.
- iv. Members agreed to continue this topic onto the agenda for the next meeting, to review and determine answers or input. It will then be compiled and submitted by the 11/30/21 deadline.

ACTION STEP: Members are to review the Data Notebook and corresponding survey and be prepared to discuss at the next meeting in October.

### 5. Unfinished Business

- a. Discussion with Possible Action: Request selection of Chair for remainder of Calendar year 2021 – Nominations Open
  - i. Rita Lovell nominated Deb Goerlich to be the Chair for the remainder of the calendar year. A Roll Call vote was conducted, and Deb Goerlich was elected as Chair.

*MOTION: Rita Lovell*

*SECOND: Jane Sweeney*

*Ayes in Roll Call Vote: Becky Thornburg, Rita Lovell, Jane Sweeney, Kate Harvey, Deb Goerlich*

*Nays: None*

*Abstained: None*

*Absent from Roll Call Vote: Dale Bennett*

**MOTION CARRIED**

### 6. ACBHS Director Report – Nani Ellis, BHS Fiscal & Administrative Supervisor (designee)

- a. BHS Director Status Update
  - i. Open until filled
  - ii. Personnel is working with Nichole
- b. Clinical Supervision Status Update
  - i. Terrence Rooney contracted
- c. Quarterly Financial Review
  - i. Final budget hearings were approved county-wide on Tuesday 9/21/21  
*Attachment #2 – Financial Overview*
  - ii. Mental health fund and two realignment funds were shared

### 7. Board Member Reports

- a. Deb Goerlich (Chair)
  - i. Thank you for nomination – honored to be on this Committee and we can succeed in conducting business with everyone's support
- b. Rita Lovell (Vice Chair)
  - i. Thank you to Deb Goerlich for stepping up to the Chair position
  - ii. There are 2 vacancies at the library; Rita is the only employee there at this time

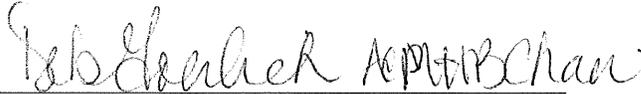
**Approved as Submitted 10/28/2021**

- iii. There is 1 vacancy at the museum
  - 1. Practicing patience has been extremely important – be kind to those who do show up
  
- c. Becky Thornburg
  - i. Are there certain things as a new member to be familiar with?  
ACTION STEP: Teri McAlpin (and Deb Goerlich) will ensure each new member has a member manual.
  - ii. Grateful to be part of this board – benefitted greatly from MHSA and as a client of BHS. “They have been a lifesaver for me, and I’m very happy to represent this group of people”.
  
- d. Dale Bennett
  - i. Not present
  
- e. Jane Sweeney
  - i. Trying to cope with the fire and smoke
  - ii. Tripped and broke arm in two places, and had surgery
  - iii. In recovery; thank you to everyone, and to BHS for support
  - iv. Please remember to support the first responders
  - v. Happy to be here
  
- f. Kate Harvey
  - i. 1<sup>st</sup> meeting – appointed in July
  - ii. Requesting training about MHB and role  
ACTION STEP: Deb Goerlich will forward links for trainings, including a mandatory 2-hr Ethics training.  
ACTION STEP: Teri McAlpin will develop a log to track trainings completed by MHB members.
  - iii. “I have benefitted so much from MHSA as a community member – this is how I’m giving back”
  
- g. Irvin Jim (BOS Supervisor Liaison)
  - i. Not present

**8. Adjournment 12:46pm**

The next scheduled meeting will be held on October 28, 2021, via Zoom.

*Minutes drafted by: Teri McAlpin  
Fiscal & Technical Specialist  
Alpine County Behavioral Health Services*

  
Signature: Deb Goerlich, Chair  
Mental Health Advisory Board  
Approval Signature Date: \_\_\_\_\_