

Alpine County Mental Health Advisory Board

December 20, 2023
Meeting Minutes

MEMBERS PRESENT IN PERSON

Kate Harvey, Chair
Becky Thornburg

Rita Lovell, Member
Sara Daniel, Member

Other Attendees and Guests:

Cindy Heikes, BHS Administration
Kristina Davies, BHS Deputy Director
Deb Goerlich, Guest
Michelle Kaner, Guest
Dr. Rick Johnson, Guest

MEMBERS ABSENT

Irvin Jim, BOS Supervisor Liaison
Charlie Dobson, BOS Liaison



1. CALL TO ORDER

The meeting was called to order at 12:08pm by Board Chair Kate Harvey.

2. ORAL COMMUNICATIONS – GENERAL PUBLIC COMMENT

No public commentary.

3. CONSENT AGENDA

- 3.1 Discussed December 2023 Agenda: Board members approved the meeting agenda.
- 3.2 Discussed February 2023 Minutes: Board members reviewed the minutes.
- 3.3 Discussed March 2023 Meeting Notice: Board members agreed a meeting was held and expressed confusion on minutes, transition of chair/vice chair and meeting notes.
- 3.4 Discussed April 2023 Meeting Notice: Board members agreed there was no meeting.
- 3.5 Discussed May 2023 Meeting Notice: Board members agreed there was no meeting.
- 3.6 Discussed June 2023 Meeting Notice: Board members agreed there was no meeting.
- 3.7 Discussed July 2023 Meeting Notice: Board members agreed there was no meeting.
- 3.8 Discussed August 2023 Meeting Notice: Board members agreed there was no meeting.
- 3.9 Discussed September 2023 Meeting: Board members agreed there was no meeting.
- 3.10 Discussed October 2023 Meeting: Board members agreed there was no meeting.
- 3.11 Discussed November 2023 Meeting: Board members agreed meeting was held, due to lack of quorum at the start of meeting no actions were taken.

ACTION ITEM: Rita Lovell moves to approve only the December 2023 meeting agenda and table approval of minutes until next regularly scheduled meeting.

MOTION: Rita Lovell

SECOND: Becky Thornburg

Ayes: 5

Nays: 0

Abstained: 0

MOTION CARRIED

4. UNFINISHED BUSINESS

- 4.1 MHSA Three-Year Plan: There were a lot of people that showed up for the Public Hearing and Stakeholders meeting in November and it went well. The plan will go before the BOS on 1/16/24 for approval with the support from the MHAB incorporated comments. The plan will then be returned to the MHAB for approval in the next regularly scheduled board meeting.

5. NEW BUSINESS

- 5.1 Board members reviewed the MHAB 2024 Calendar, at this moment this is what we are looking at for each month. (Handout of Draft MHB Calendar). Kristina went off the prior year as to what the MHAB tasks are each month and general topics to cover.
- 5.2 MHAB should be having elections next month.
- 5.3 MHAB would like to have a recruitment flyer go out so we can get more MHB members. Possibly going door to door in Hung-l-el-Ti and introducing ourselves and explaining what we are doing and how they can get involved.

6. ACBHS DIRECTOR REPORT

- 5.1 MHB 2023 Events were reviewed and as we know there were not many meetings because of the lack of members and no quorum. All members were very excited that we have already had two meetings in a row.
- 5.2 BHS 2024 priorities will be on keeping the meetings going, working on recruitment and Nichole Williamson will hand over the Data Notebook to Kristina.
- 5.3 ACBHS is working on SB43 Resolution, expansion of services to veteran and substance use populations. ACBHS is hoping we can defer it for the county until 2026.

7. BOARD MEMBER REPORT

- 7.1 Kate Harvey, Chair: None
- 7.2 Becky Thornburg: None
- 7.3 Rita Lovell: None
- 7.4 Sara Daniel: Discussed the submission of a Human Trafficking Awareness Resolution on behalf of the Mental Health Advisory Board and Child Abuse Prevention Council.

8. Adjournment 1:35pm

The next scheduled meeting will be held in person in the Community Room at Behavioral Health Services.

*Minutes drafted by: Cindy Heikes
Administrative Assistant III
Alpine County Behavior Health Services*

Kate Harvey, Chair
Mental Health Advisory Board
Approval Signature Date: _____