

Alpine County Mental Health Advisory Board

January 25, 2024

Meeting Minutes

MEMBERS PRESENT IN PERSON

Kate Harvey, Chair
Vacant, Vice Chair
Becky Thornburg
Rita Lovell, Member
Sara Daniel, Member

MEMBERS ABSENT

Irvin Jim, BOS Supervisor Liaison
Charlie Dobson, BOS Liaison



Other Attendees/Guests:

Cindy Heikes, BHS (Minutes)
Kristina Davies, BHS Deputy Director
Deb Goerlich, Guest
Dawn Riddle, Guest

Call to order regular meeting:

The meeting was called to order at 12:05 pm

1. Oral Communication – General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on items not listed on the agenda. Three minutes per person respectively.

- a) Dawn Riddle suggested sending out emails or putting information on website to recruit for board members. Dawn is going to put something out at Create the Good and see if any community members out there would be interested.

2. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

- a. The board got everything cleaned up from last year's meeting regarding Meetings, Minutes, and Canceled Meetings from 1/2023-12/2023.

MOTION: Rita Lovell

SECOND: Becky Thornburg

Ayes: Kate and Sara
Nays: None
Abstained: None
MOTION CARRIED

3. Unfinished Business

- a. MHSA Three Year Program was approved by BOS on 1/16/2024. The annual review will be 2/1/2024. It was a very good 3-year plan with a lot of hard work from Dawn Riddle. The MHB didn't get to vote on it because it was late to the BOS, but the MHB will vote on each annual review.
- b. MHAB 2024 Calendar Approval-The board will review each quarter the following month after the quarter ends.
- c. Election of Officers-Kate was appointed Chair in June 2023 from Jane Sweeney. The Vice Chair is open, and the board needs to get that position filled. It is just support and to take the meetings when Chair is unavailable. There was discussion on training that needs to be done, but for most county employees they take those training courses already. The board nominated Becky for the position of Vice Chair. Becky accepted.
- d. Recruitment of Board Members- As mentioned above Dawn will take the information to Create the Good at Hung a lel ti. Dawn will work on trying to get a pair of people so they will come together. We will offer transportation or even have meetings there on occasion.
- e. Data Notebook- Kristina is going to send a PDF on it so the board can read it and then have answers on it next month. This goes to the Planning Council for the State.

MOTION: Rita Lovell
SECOND: Sara Daniel
Ayes: Kate Harvey and Becky Thornburg
Nays: None
Abstained: None
MOTION CARRIED

4. New Business

- a. By-Law Review- The board will look over part of the By-Laws each month and discuss if there needs to be any changes or amendments.
- b. Kristina Davies brought up that Sara Daniel got a Human Trafficking Resolution pasted at the January BOS meeting.

5. ACBHS Director Report – Kristina Davies, BHS Director

- a. MHB 2023Events Year in Review- Kristina has been going through all the Agenda's, Minutes and Meetings Cancelled for the MHB 2023 and getting everything cleaned up. Moving forward, everything will be updated after each meeting and posted.
- b. BHS 2024 Priorities- ACBHS is committed to being more accessible to the community at Hung A Lel Ti.
- c. Nichole Williamson announced that AC was just awarded a grant for Home Visit which we also will have BHS be a part of such as Post Partum Depression or any other

issues that BH can help with. This will probably take about 6 months to get up and running.

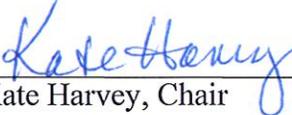
6. Board Member Reports

- a. There were no Board Members Announcements or Reports at this time.

7. Adjournment 1:25pm

The next scheduled meeting will be held in person in the Community Room at Behavioral Health Services on February 22, 2024, at 12:00 pm.

*Minutes drafted by: Cindy Heikes
Administrative Assistant III
Alpine County Behavioral Health Services*



Kate Harvey, Chair
Mental Health Advisory Board
Approval Signature Date: 02/16/2024