

Alpine County Mental Health Advisory Board

February 22, 2024

Meeting Minutes



MEMBERS PRESENT IN PERSON

Becky Thornburg, Vice Chair
Rita Lovell, Member
Sara Daniel, Member
Charlie Dobson, BOS Liaison

MEMBERS ABSENT

Irvin Jim, BOS Supervisor Liaison
Kate Harvey, Chair

Other Attendees/Guests:

Cindy Heikes, BHS (Minutes)
Kati Forster, Guest
Deb Goerlich, Guest

Call to order regular meeting:

The meeting was called to order at 12:01 pm

1. **Oral Communication** – General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on items not listed on the agenda. Three minutes per person respectively.

a) None

2. **Consent Agenda**

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

a. Approve February 22, 2024, Agenda

MOTION: Sara Daniel

SECOND: Rita Lovell

Ayes: Becky Thornburg, Sara Daniel, Rita Lovell

Nays: None

Abstained: None

MOTION CARRIED

b. Approve January 2024 Minutes

MOTION: Rita Lovell

SECOND: Sara Daniel

Ayes: Sara Daniel, Rita Lovell, Becky Thornburg

Nays: None

Abstained: None

MOTION CARRIED

3. Unfinished Business

- a. Update on Recruitment of Board Members- Charlie Dobson asked how we were recruiting and if we had any new prospects which the board agreed were none. Rita Lovell mentioned that she thought Lynette Noah might be interested. Rita also thought it would be a good idea to move the meetings out to the Firehouse, that if we did that it would be easier to get someone from the community to join. The board gave a direction to have this put on the agenda for the next meeting to move the meetings to Hung-A-lel-ti.
- b. Update for the MHAB Calendar- The board discussed the changes made to the MHB calendar. They would like to add April as National Child Abuse Prevention Month and Sexual Assault Awareness Month.
- c. Update on the Brown Act- No one was sure about this, so the board decided to table it until next month.

4. New Business

- a. Discussion: Integrated Healthcare Team (Fentanyl Response) The board would like to see training for the community with Narcan. There is also a Fentanyl Response Team being put together with Suzanne and Nichole, we will get details later. Board members were also asking if the Tribe was still doing the Smudge walk and if they were, was it open to everyone coming? No one was quite sure.
- b. Discussion: Human Trafficking- Amy Broadhurst did a CAPC training regarding Human Trafficking. Sara Daniel is still working on getting CAL-Trans to post something about sex trafficking on the Hwy 88 sign.
- c. Discussion: Prop 1- The voters vote in March on Prop 1, this will take money from MHSA fund and put it towards mental health housing. The problem is in this County and others it could bankrupt the county and it is not the solution for homelessness here. The county does not have a significant homeless population and we have nowhere to put a homeless shelter. So, vote NO on prop 1.

5. ACBHS Director Report –

- a. There was no director’s report at this time.

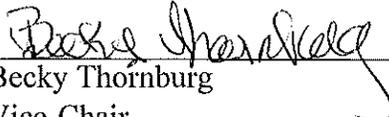
6. Board Member Reports-

- a. There were no Board Members Announcements or Reports at this time.

7. Adjournment 1:00 pm

The next scheduled meeting will be held in person in the Community Room at Behavioral Health Services on March 28, 2024, at 12:00 pm.

*Minutes drafted by: Cindy Heikes
Administrative Assistant III
Alpine County Behavioral Health Services*



Becky Thornburg
Vice-Chair
Mental Health Advisory Board
Approval Signature Date: 3/5/2024