

Alpine County Mental Health Advisory Board

March 28, 2024

Meeting Minutes



MEMBERS PRESENT IN PERSON

Kate Harvey, Chair
Rita Lovell, Member
Sara Daniel, Member

MEMBERS ABSENT

Irvin Jim, BOS Supervisor Liaison
Charlie Dobson, BOS Liaison
Becky Thornburg, Vice Chair

Other Attendees/Guests:

Cindy Heikes, BHS (Minutes)
Kristina Davies, BHS Deputy Director
Deb Goerlich, Guest
Dawn Riddle, Guest
Michelle Kaner, Guest
Lynette Noah, Guest
Briana Vallejo, Guest

1. Call to order regular meeting:

The meeting was called to order at 12:07 pm along with introductions.

2. Oral Communication – General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on items not listed on the agenda. Three minutes per person respectively.

a) None

3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

a. March 2024 Agenda was approved.

MOTION: Sara Daniel

SECOND: Rita Lovell

Ayes: Kate Harvey

Nays: None

Abstained: None

MOTION CARRIED

- b. February 2024 Meeting Minutes will be carried on to next month's agenda as no one had time to look at the minutes prior to the meeting.
- c. MHAB 2024 Calendar Updates were approved.

MOTION: Rita Lovell

SECOND: Sara Daniel

Ayes: Kate Harvey

Nays: None

Abstained: None

4. Unfinished Business

- a. Update: Brown Act: Kate went to a training on the Brown Act, and it has been revised. The Brown Act means all meetings are open to the public. All documents must be shared with the public. You must post 72 hours in advance. A member can teleconference if they have just reason and just cause. There must still be a quorum in person even if someone is teleconferencing. The public must see the person who is teleconferencing except in close season or litigation. If there is not a quorum the board is still allowed to meet, they are just now allowed to vote on anything. For better communication with the public, we can post our agenda on other websites. The board is to focus on the issues, listen, no swearing, one person at a time may speak. The board's duties are to review and advise.
- b. Update: Integrated Healthcare Team (Fentanyl Response) Our community has been affected by the Fentanyl crisis. Alpine County is putting together a Fentanyl Response team with Public Health and Behavioral Health. There are 2 parts to this program, the first being getting a policy together so AC can distribute Narcan to the public. The second part is educating the community on the issues of Fentanyl and then teaching them how to use Narcan. HHS has bought testing strips and more Narcan. BH has gotten approval from Diamond Valley School to have a class first for the students and then the parents regarding the Fentanyl issues. HHS to trying to come up with a way for the community to be able to get Narcan without paperwork being a barrier. They are hoping to have a policy in place by May. The board would also like to make a presentation and follow up with Narcan training at HALT.
- c. Update: Prop 1 has passed which means it takes money from our MHSA programs, gives it to the state and then the state gives it back but directs the money to certain services such as housing for the homeless. This works in large counties but does not work in the smaller counties like AC.

5. New Business

- a. Discussion: Location and Frequency MHAB Meetings: Last meeting we discussed possible having every meeting or every other meeting out at the Firehouse. Rita brought this up at last meeting thinking that maybe if we moved the MHB meeting out

to the Fire House every month or even every other month that it might help get some of the people from that community to join. The problem with this is that Becky has clinic on the day of the meetings, and she only has a hour lunch. The by-laws would also have to be changed unless we only meet there once a quarter. We could offer transportation to anyone in the Hung-A Lel Ti if they wanted to join the MHB. Lynette also brought up that Woodford Community Counsel could give them rides to this location.

6. ACBHS Director Report – Kristina Davies, BHS Director

- a. Postponed due to time.

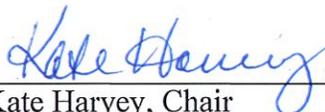
7. Board Member Reports

- a. Rita went to Dr. Johnson’s training on Narcan at the Library and felt it was very informative and helpful.

8. Adjournment 1:18pm

The next scheduled meeting will be held in person in the Community Room at Behavioral Health Services on April 25, 2024, at 12:00 pm.

*Minutes drafted by: Cindy Heikes
Administrative Assistant III
Alpine County Behavioral Health Services*



Kate Harvey, Chair
Mental Health Advisory Board
Approval Signature Date: _____

