

Acknowledge as submitted on 3/23/217

Alpine County Mental Health Board

January 26, 2017

Special Meeting Notes

Firehouse Wellness Center
96 Washoe Blvd.,
Markleeville, CA 96120

MEMBERS PRESENT

Jane Sweeney
Jessica Bennett
Rita Lovell

MEMBERS ABSENT

Katherine Rakow



Roll Call

Via Teleconference (712) 775-7031 ID No. 874-825#

Location: Alpine County Sheriff Substation

88 Bear Valley Rd., Bear Valley CA 96120

Attendee(s): Member Jema Kimmel

Other Attendees:

Alissa R. Nourse, BHS Director
Deb Goerlich, BHS Admin Asst. III
Misty Stewart, Live Violence Free- Alpine Coordinator
Dr. Patrick Traynor, DVS Superintendent

1. Call to order regular meeting:

The meeting was called to order at 12:05 p.m.

2. Oral Communication - General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on matters not listed on the agenda.

No General Public Comment

3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

3.1 Request approval of *Special* meeting minutes of 12/1/2016.

MOTION J. Sweeney/SECOND J. Bennett to approve the special meeting minutes

AYES: J. Sweeney, J. Bennett, R. Lovell

NOES: NONE

MOTION CARRIED

Acknowledge as submitted on 3/23/217

4. New Business:

- 4.1 Request selection of Chair for calendar year 2017
Nominations open

MOTION J. Bennett/SECOND Rita Lovell for the nomination of J. Sweeney

AYES: J. Bennett, R. Lovell, J. Kimmel

NOES: NONE

MOTION CARRIED

- 4.2 Request selection of Vice Chair for calendar year 2017
Nominations open

MOTION J. Sweeney/SECOND J. Kimmel for the nomination of J. Bennett

AYES: J. Sweeney, J. Kimmel, R. Lovell

NOES: NONE

MOTION CARRIED

- 4.3 Discussion and possible action for Mental Health Board Advisory Member(s) to attend the 2017 National NAMI Convention in Washington D.C., June 28th – July 1, 2017.

MOTION J. Bennett/SECOND J. Kimmel for the recommendation to the Board of Supervisors to approve the travel of Jane Sweeney and Rita Lovell to attend the 2017 NAMI Convention in Washington D.C.

AYES: J. Bennett, J. Kimmel, R. Lovell, J. Sweeney

NOES: NONE

MOTION CARRIED

- 4.4 Discussion and possible action for Mental Health Board Advisory Member(s) to attend the NAMI Annual Conference in Newport Beach, CA, August 25th – August 26, 2017.

MOTION R. Lovell/SECOND J. Kimmel for the recommendation to the Board of Supervisors to approve the travel of Jane Sweeney and Jessica Bennett to attend the NAMI Annual Conference in Newport Beach CA

AYES: Rita Lovell, J. Kimmel, J. Sweeney, J. Bennett

NOES: NONE

MOTION CARRIED

- 4.5 Discussion of Kevin Hines presentation on May 24, 2017.

Informational Flyer Disseminated. The Presentation will be held at Turtle Rock Park. BHS Director requested that a MHB member attend to represent the Mental Health Board.

- 4.6 Program Improvement Plan (PIP) Review

PowerPoint Presentation given by Alissa R. Nourse, BHS Director.

The GAIN Assessments have begun in January, anticipated to have the data completed by February. The GAIN will determine the eligibility of those who will be enrolled in the Seeking Safety Program.

Acknowledge as submitted on 3/23/217

- 4.7 Discussion and possible action for the Data Notebook 2016 for Local Mental Health Boards & Commissions use in reporting to the California Mental Health Planning Council (CMHPC).

The Data Notebook was handed out and PowerPoint Presentation was given by Alissa R. Nourse, BHS Director. Continue to complete the Notebook Data at the next schedule meeting.

SCHEDULED AT THE NEXT MEETING

5. Unfinished Business

5.1 Director Report – Alissa Nourse

Director disseminated:

- The Director's Report
- The Alpine County Mental Health Board 2017 Calendar
- Flyer for the Alpine County Behavioral Health Services New Facility Stakeholder Meeting on February 15th, 2017.

6. Board Member Reports:

- A) Chair Sweeney reported: Kevin Hines is coming to Alpine County.

The Community Building meeting on February 15th, 2017, from 5:30 – 7:00 pm at Turtle Rock Park regarding the Alpine County Behavioral Health Services New Facility.

- B) Vice Chair Bennet reported: She shared that she had visited with Dr. Smith, Principal at Diamond Valley Elementary and his interest in collaborating with ACBHS.

C) Member Rakow reported: Not present.

- D) Member Kimmel reported: With all the new snow and isolation, there has been an increase of folks wishing to speak with a counselor in Bear Valley. ACBHS was able to collaborate and set up sessions with those interested. She also reported that Kati Krayk is doing a great job with hosting Create the Good.

- E) Member Lovell reported: She shared that she really enjoys the Yoga class held at the Learning Center in Woodfords.

7. Adjournment: 1:00 pm

The next regular meeting of the Mental Health Board will be held on February 23, 2017, at the HHS Conference Room, 75A Diamond Valley Road, Markleeville, CA 96120.


Jane Sweeney, Chair
Mental Health Advisory Board

Approved with corrections on 4/27/17

Alpine County Mental Health Board

March 23, 2017

Meeting Minutes

Firehouse Wellness Center
96 Washoe Blvd.,
Markleeville, CA 96120



MEMBERS PRESENT

Jane Sweeney
Jessica Bennett
Rita Lovell
Katherine Rakow

MEMBERS ABSENT

None

Roll Call

Via Teleconference (712) 775-7031 ID No. 874-825#

Location: Alpine County Sheriff Substation

88 Bear Valley Rd., Bear Valley CA 96120

Attendee(s): Member Jema Kimmel

Other Attendees:

Alissa R. Nourse, BHS Director

Deb Goerlich, BHS Admin Asst. III

1. Call to order regular meeting:

The meeting was called to order at 12:04 p.m.

2. Oral Communication - General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on matters not listed on the agenda.

No General Public Comment

3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

3.1 Request approval of regular meeting minutes of 01/26/2017.

MOTION J. Kimmel/SECOND R. Lovell to approve the regular meeting minutes

AYES: J. Kimmel, R. Lovell, J. Sweeney, J. Bennett,

NOES: NONE

MOTION CARRIED

4. New Business:

NONE

Approved with corrections on 4/27/17

5. Unfinished Business

5.1 Completion of the Data Notebook 2016 for Local Mental Health Boards & Commission use in reporting to the California Mental Health Planning Council (CMHPC) for submission.

- Electronic version of the Data Notebook was presented by Alissa R. Nourse, BHS Director
- Board Members participated in developing the responses to the questions outlined in the Data Notebook.
- Data Notebook 2016 for Local Mental Health Boards & Commissions completed and submitted to the California Mental Health Planning Council (CMHPC)

5.2 Program Improvement Plan (PIP) Review

Seeking Safety still in process, there are less participants than BHS had hoped for. The PIP is about finding a problem and creating a solution with the data provided.

6. Board Member Reports:

A) Chair Sweeney reported: DVS is implementing a new program based on the Sandy Hook program. She had a meeting with Principal, Dr. Smith, he felt as though it would leave a negative impression to use that particular program. They will be using a Diamond Valley version of the Sandy Hook program in the month of May. She also met the Student Advisory Council, they reported that there will be a HAWK assembly every week of the month of May with topics such as:

- Keeping Kindness – Journals to be made by the Student Council
- Learning to say “Hello” in the language of the student’s choice, they will wear names tags
- The Student Council is making a video of the trending “I like you sticky notes” project

B) Vice Chair Bennett: nothing to report at this time

C) Member Rakow: nothing to report at this time

D) Member Kimmel reported: Kati Krayk, MHSA Program Specialist, is working hard and doing a great job. She is staying positive and upbeat with the after effects of the recent flood damage to the County Building in Bear Valley. The community is working together to get into the Walter Perry Building.

E) Member Lovell reported: The evening Yoga is going great!

I’ve noticed a large amount of folks coming in to the Library feeling overwhelmed and depressed. A lot are upset with the recent events on the news regarding the possible upcoming changes on Health coverage and funding cuts to several other programs. I’d like to come up with a “happy event” to cheer everyone up—maybe a guest speaker who can talk about staying positive or a comedian... something to help add some levity to life.

Approved with corrections on 4/27/17

7. **Adjournment: 1:00 pm**

The next regular meeting of the Mental Health Board will be held on April 27, 2017, at the HHS Conference Room, 75A Diamond Valley Road, Markleeville, CA 96120.


Jane Sweeney, Chair
Mental Health Advisory Board

Approved as submitted on 5/26/2017

Alpine County Mental Health Board

April 27th, 2017

Meeting Minutes

Human Health Services
Conference Room
75A Diamond Valley Road
Markleeville, CA 96120



MEMBERS PRESENT

Jane Sweeney
Jessica Bennett
Rita Lovell
Katherine Rakow

MEMBERS ABSENT

Jema Kimmel

Roll Call

Via Teleconference (712) 775-7031 ID No. 874-825#

Location: Alpine County Sheriff Substation

88 Bear Valley Rd., Bear Valley CA 96120

Attendee(s): Community Member Kati Krayk, MHSA Specialist

Other Attendees:

Alissa R. Nourse, BHS Director
Deb Goerlich, BHS Admin Asst. III

1. Call to order regular meeting:

The meeting was called to order at 12:05 p.m.

2. Oral Communication - General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on matters not listed on the agenda.

No General Public Comment

3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

3.1 Request approval of regular meeting minutes of 01/26/2017 with corrections.

MOTION R. Lovell /SECOND J. Bennett to approve the regular meeting minutes

AYES: R. Lovell, J. Bennett, J. Sweeney, J. Kimmel,

NOES: NONE

MOTION CARRIED

Approved as submitted on 5/26/2017

4. New Business:

4.1 Discussion and possible action on the May 50+ Potluck "Ending Stigma" Event hosted by the Mental Health Board.

- The potluck to be hosted by the Mental Health Board Members
- Swag to be handed out at the Potluck- BHS purchased "Each Mind Matters" Water Bottles and Alpine County coffee mugs with the Alpine County Seal and Crisis Number displayed

5. Unfinished Business

5.1 Director Report- Alissa Nourse or designee

- May is Mental Health Awareness Month 2nd Proclamation of the Board of Supervisors
- Random Acts of Kindness Project implemented at Diamond Valley School. The Students came up the idea of having T-shirts that say "Stay Calm and Be Kind". The children will wear their shirts for the month of May. Alissa, BHS Director, ordered shirts for ALL county employees to support the children in their project. The shirts will be handed out at the Board of Supervisors meeting and also to the County staff on 5/2/2017.
- Reminder that Kevin Hines Presentation on 5/24/2017 at TRP 10:00 a.m. and 6:00 pm at the Hung-A-Lel-Ti Gym. RSVP recommended for the evening session, as dinner will be served.
- Dissemination of the May Monthly Message "Each Mind Matters", S.A.F.E. Talk Flyer & "Won't Asking Or Talking About Suicide Put Ideas Into Their Heads?" Flyers. These handouts will be supplied to the DVS staff.
- The MHSA Annual Update and Three Year Program & Expenditure Plan FY 2017-20 is posted around the county for 30 days. The next MHB meeting will be a public Hearing for public comment for the final plan
- Alissa introduced Melanie Smokey - Native Wellness Advocate. She has had great success in engaging with the community and many participants in her basketry program
- Pending Board approval- Hiring Misty Dees, Drug and Alcohol Program Specialist and Dawn Riddle, MHSA Specialist
- Reported on the Integrated Health Meeting: Jordan Wolffen, BHS & HHS working together to integrate the Public Health and the Behavioral Health Systems

5.2 Program Improvement Plan (PIP) Review

- Seeking Safety is on Session Two
- Staff compares data from the first group and those who did not participate for outcome data
- The non-clinical PIP will be data to collect; will having a Crisis Intervention Team (CIT) lessen hospitalizations?
- CIT (Alpine County Sheriff's Office) have reported that most crisis calls were from folks that were not Alpine County Behavioral Health clients
- The meeting is going well. The Sheriff office learned more about

Approved as submitted on 5/26/2017

the importance of HIPAA, both Alpine & Douglas counties during the CIT Presentation

• CIT Team consist of:

BHS – Clinical team, BHS Director, MHSA Coordinator
Sheriffs – Brian Lowry
HHS Director , CPS & APS
Live Violence Free
Tahoe Youth & Family Services
Suicide Prevention Network

To be invited:

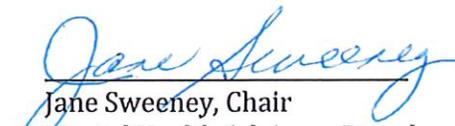
Douglas County Sheriff's office & CIT
Washoe Tribe Sheriff's office & CIT
El Dorado County Sheriff's office & CIT
Alpine County Mental Health Board Members

6. **Board Member Reports:**

- A) Chair Sweeney reported: She is very pleased with the progress of the Crisis Intervention Team (CIT). Jane will not be able to attend the Kevin Hines presentation. BHS Director reported that the presentation will be recorded.
- B) Vice Chair Bennett reported that there will a new BHS screening to help with the process on the Integrated Health system
- C) Member Rakow: nothing to report at this time
- D) Member Kimmel reported: NOT PRESENT
- E) Member Lovell reported that there is grant coming out to provide Veterans with resources and inquired if any of the members new of any Veteran's in the community. She was referred to Cassandra who has a list.

7. **Adjournment: 1:00 pm**

The next Public Hearing meeting of the Mental Health Board will be held on May 25th, 2017 at the Firehouse Wellness Center, 96 Washoe Blvd., Markleeville, CA 96120.


Jane Sweeney, Chair
Mental Health Advisory Board

Approved as submitted on 7/27/2017

Alpine County Mental Health Board

May 26, 2017

Special Meeting Minutes

Firehouse Wellness Center
96 Washoe Blvd.,
Markleeville, CA 96120



MEMBERS PRESENT

Jessica Bennett
Rita Lovell
Katherine Rakow

MEMBERS ABSENT

Jane Sweeney

Roll Call

Via Teleconference (712) 775-7031 ID No. 874-825#

Location: Alpine County Sheriff Substation

88 Bear Valley Rd., Bear Valley CA 96120

Attendee(s): Member Jema Kimmel

Other Attendees:

Alissa R. Nourse, BHS Director
Deb Goerlich, BHS Admin Asst. III

1. Call to order regular meeting:

The meeting was called to order at 12:10 p.m.

2. Oral Communication - General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on matters not listed on the agenda.

No General Public Comment

3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

3.1 Request approval of regular meeting minutes of 04/27/2017.

MOTION J. Bennett/SECOND R. Lovell to approve the regular meeting minutes

AYES: J. Bennett, R. Lovell, J. Kimmel

NOES: NONE

MOTION CARRIED

4. New Business:

4.1 Public meeting held on May 25th, 2017, to gather further public comment: discussion and action, so the Mental Health Board members can review the Alpine County MHSA Annual Update and Three-Year Program & Expenditure FY 2017-20 Plan and make any recommendations for the revisions.

NO RECOMMENDATIONS FOR REVISIONS OF THE PLAN

Approved as submitted on 7/27/2017

4.2 Mental Health Board Members to vote on approval of plan and recommendation to the Board of Supervisors to approve the Alpine County MHSA Annual Update and Three-Year Program & Expenditure Plan FY 2017-20.

MOTION R. Lovell/SECOND J. Bennett to approve the Alpine County MHSA Annual Update and Three-Year Program & Expenditure Plan FY 2017-20 and make recommendation to the Board of Supervisor to approve the plan

AYES: R. Lovell, J. Bennett, J. Kimmel

NAES: NONE

MOTION CARRIED

5. Unfinished Business

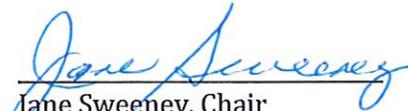
NONE

6. Board Member Reports:

NONE

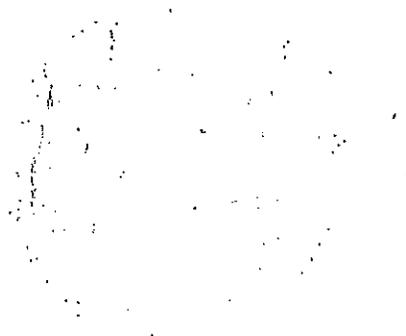
7. Adjournment: 12:34 pm

The next regular meeting of the Mental Health Board will be held June 22nd, 2017, at the HHS Conference Room, 75A Diamond Valley Road, Markleeville, CA 96120.


Jane Sweeney, Chair
Mental Health Advisory Board

Alpine County Mental Health Board

Firehouse Wellness Center
96 Washoe Blvd
Markleeville, CA 96120



MINUTES JUNE 22, 2017

No Quorum present. In attendance were Jane Sweeney, Supervisor Katherine Rakow and Rita Lovell. Chair Sweeney reported that the meeting would be rescheduled.


By: Jane Sweeney, Chair
Mental Health Advisory Board

Approved as submitted on 10/26/2017

Alpine County Mental Health Board

July 27, 2017

Meeting Minutes

Firehouse Wellness Center

96 Washoe Blvd.
Markleeville, CA 96120



MEMBERS PRESENT

Jane Sweeney
Jessica Bennett
Rita Lovell
Katherine Rakow

MEMBERS ABSENT

NONE

Roll Call

Via Teleconference (712) 775-7031 ID No. 874-825#

Location: Alpine County Sheriff Substation

88 Bear Valley Rd., Bear Valley CA 96120

Attendee(s): Jema Kimmel Board Member

Other Attendees:

Alissa R. Nourse, BHS Director
Deb Goerlich, BHS Admin Asst. III
Jeanne Nelson, NAMI El Dorado County

1. Call to order regular meeting:

The meeting was called to order at 12:05 p.m.

2. Oral Communication - General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on matters not listed on the agenda.

Jeanne Nelson, NAMI El Dorado County reported on Family to Family, Peer to Peer and NAMI West Nevada Groups. She disseminated NAMI flyers. She also shared her experience at the Annual NAMI Conference held in Washington D.C. in July.

3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

3.1 Request approval of regular meeting minutes of 5/26/2017

MOTION J. Kimmel /SECOND J. Bennett to approve the regular meeting minutes

AYES: J. Kimmel, J. Bennett, J. Sweeney R. Lovell,

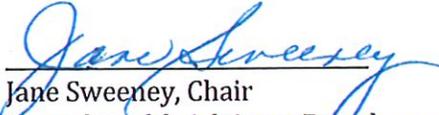
NOES: NONE

MOTION CARRIED

Approved as submitted on 10/26/2017

7. Adjournment: 1:00 pm

The next Public Hearing meeting of the Mental Health Board will be held on August 24th, 2017 at the HHS Conference Room, 75-A Diamond Valley Road, Markleeville, CA 96120.


Jane Sweeney, Chair
Mental Health Advisory Board

Alpine County Mental Health Board

Firehouse Wellness Center
96 Washoe Blvd
Markleeville, CA 96120

MINUTES SEPTEMBER 28, 2017

No Quorum present. In attendance were Jane Sweeney, Supervisor Katherine Rakow and Jema Kimmel. Chair Sweeney reported that the meeting would be rescheduled.


By: Jane Sweeney, Chair
Mental Health Advisory Board

Alpine County Mental Health Board

October 26th, 2017

Meeting Minutes

Human Health Services
Conference Room
75A Diamond Valley Road
Markleeville, CA 96120

MEMBERS PRESENT

Jessica Bennett
Rita Lovell
Katherine Rakow

MEMBERS ABSENT

Jane Sweeney

Roll Call

Via Teleconference (712) 775-7031 ID No. 874-825#

Location: Alpine County Sheriff Substation

88 Bear Valley Rd., Bear Valley CA 96120

Attendee(s): Member Jema Kimmel

Other Attendees:

Alissa R. Nourse, BHS Director
Deb Goerlich, BHS Admin Asst. III
Alisa merino, Suicide Prevention Network
Kathryn Hill, Director of Sierra County

1. Call to order regular meeting:

The meeting was called to order at 12:03 p.m.

2. Oral Communication - General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on matters not listed on the agenda.

No General Public Comment

3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

3.1 Request approval of regular meeting minutes of 07/27/2017

MOTION R. Lovell /SECOND J. Bennett to approve the regular meeting minutes

AYES: R. Lovell, J. Bennett, J. Kimmel,

NOES: NONE

MOTION CARRIED

4. **New Business:**

4.1 Mental Health Board members to vote on approval of waiving the length of service limit of the Mental Health Advisory Board as a whole *or* revise the By-Laws and recommend the Board of Supervisors approve the waiver or revised By-Laws.

MOTION J. Kimmel/SECOND J. Bennett to approve the revision and make recommendation to the Board of Supervisors to adopt the revised By Laws

AYES: J. Kimmel, J. Bennett, R. Lovell

NOES: NONE

MOTION CARRIED

4.2 Discussion and possible action to complete the 2017 Data Notebook

- Electronic version of the Data Notebook was presented by Alissa R. Nourse, BHS Director
- Board Members participated in the developing the responses to the questions outlined in the Data Notebook
- Final version to be executed by Jane Sweeney, MHB Chair and Alissa R. Nourse, BHS Director and submitted to California Mental Health Planning Council (CMHPC) for finalization.

5. **Unfinished Business**

5.1 Director Report- Alissa Nourse or designee

- Dissemination of the FY 2015/16 & 2016/17 of BHS Accomplishments (EQRO)
- Building update
- CALBHB/C gave a presentation at the Behavioral Health Directors meeting .There was really good feedback and dissemination of the CALBHB Newsletter
- CIBHS – came to Alpine County and conducted a Baseline Fidelity review. They will be helping BHS in learning The Strengths Model in collaboration with Inyo, and Mono counties – this generally targets the Clinical Team, but Alpine County will include the MHSA TEAM: Amy Broadhurst-MHSA Coordinator, Dawn Riddle-MHSA Specialist, Melanie Smokey-Native Wellness Advocate , Ron Dobyns-BHS Driver and Michelle Kaner-Administrative Asst, concurrently training staff to be a Strength's Focus System
- Reported the resignation of BHS staff member Kati Krayk-MHSA Specialist Bear Valley.

5.2 Program Improvement Plan (PIP) Review

No progress to report

6. **Board Member Reports:**

A) Chair Sweeney reported: Not present

B) Vice Chair Bennett nothing to report this time. Bennett had an inquiry: if the extra room at the school was being utilized by the new school counselor? BHS Director reported that the room is dedicated to the PIP program, utilized by the PIP staff.

- C) Member Rakow: reported the John Fisher, Executor - First 5 Alpine, is resigning and Dr. Patrick Traynor, ACUSD-Superintendent, is looking to fill the position.

Also, that Erin Dobyns, Alpine County - Health Education Coordinator, has accepted the position that was held by Cheri Warrel, Early Learning Center Director.

Donald O'Conner was a concerned that he didn't send his staff to the Presentation "A Matter of Inches", not knowing if it was suitable to allow staff to attend with pay. Supervisor Rakow recommended that the MHB inform Alpine County Risk Management, and ask that staff be able to attend, with pay, the guest speakers for Suicide Prevention presentations.

- D) Member Kimmel reported: she attended the goodbye dinner for Kati at Create the Good and she will be on the lookout for someone interested in filling the up and coming vacant MHSA Specialist-Bear Valley position.

- E) Member Lovell reported that she hadn't been to Yoga in a while, but that she is grateful that there is a Yoga program and actually how helpful it is.

7. **Adjournment: 1:12 pm**

The next regular meeting of the Mental Health Board will be held on November 30th 2017 at the Firehouse Wellness Center, 96 Washoe Blvd., Markleeville, CA 96120.


Jane Sweeney, Chair
Mental Health Advisory Board

Alpine County Mental Health Board

November 30th, 2017

Meeting Minutes

Firehouse Wellness Center
Firehouse Wellness Center
96 Washoe Blvd
Markleeville, CA 96120

MEMBERS PRESENT

Jane Sweeney
Jessica Bennett
Rita Lovell
Katherine Rakow

MEMBERS ABSENT

None

Roll Call

Via Teleconference (712) 775-7031 ID No. 874-825#

Location: Alpine County Sheriff Substation

88 Bear Valley Rd., Bear Valley CA 96120

Attendee(s): Member Jema Kimmel

Other Attendees:

Alissa R. Nourse, BHS Director
Deb Goerlich, BHS Admin Asst. III
Nani Ellis, BHS Coordinator
Hannah Marzocca, First 5 Alpine - "New" Executive Director
Misty Stewart, Live Violence Free - Alpine Coordinator

1. Call to order regular meeting:

The meeting was called to order at 12:03 p.m.

2. Oral Communication - General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on matters not listed on the agenda.

Introductions of Public Attendees, BHS Staff and MHB members

3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

3.1 Request approval of regular meeting minutes of 10/26/2017

MOTION J. Kimmel /SECOND R. Lovell to approve the regular meeting minutes

AYES: J. Kimmel, R. Lovell, J. Sweeney, J. Bennett

NOES: NONE

MOTION CARRIED

4. New Business:

4.1 Discussion and possible action on the annual dues for the California Association of Local Behavioral Health Boards and Commissions (CALBHBC).

Table to the next scheduled meeting

4.2 Discussion on May "Mental Health Awareness"

- Nani Ellis, BHS Coordinator reported that May's Mental Health Awareness speaker will be Jason Simon on May 23rd, possibly at Diamond Valley School for the students and other community agency partners for the a.m. session, if approved by Dr. Traynor. The evening session to be held at the Hung-A-Lel-Ti Gym. Details to follow.
- Discussion around the May 50+ Potluck. Chair Sweeney suggested extending an invitation to Alan & Jeanne, NAMI leaders, to do their presentation.

4.3 Discussion on the External Quality Review Organization (EQRO) report – Nani Ellis, BHS Coordinator

- The cover letter and report was disseminated for review, attached hereto; Exhibit A. Nani will email upon request.

4.4 2018 Mental Health Board Calendar was disseminated for review, attached hereto; Exhibit B.

- The calendar was disseminated and reviewed

4.5 Discussion and possible action to cancel the December MHB meeting on 12/21/2017

MOTION J. Bennett /SECOND J. Sweeney to approve the cancellation of the December Mental Health Board meeting

AYES: J. Bennett R., J. Sweeney, J. Kimmel, R. Lovell

NOES: NONE

MOTION CARRIED

5. Unfinished Business

5.1 Director Report- Alissa Nourse or designee

- Reported on the visit from the Steinberg Institute to Alpine County's Behavioral Health Services. . Alpine in collaboration with both Mono & Inyo Counties and is in the process of implementing the "Strengths Model".
- Reported the ACBHS staff took the Gallup Top 5 Strengths Survey and engaged as a group with the results to apply each of their Strengths.
- Reported the revised MHB By-Laws have been put on Consent Agenda to be approved by the Board of Supervisors on Tuesday, December 5, 2017.
- The BHS Staff Presentation for the MHB members to be on the January 2018 Agenda.

5.2 Program Improvement Plan (PIP) Review

No progress to report

6. Board Member Reports:

- A) Chair Sweeney shared she was impressed with the Clint Marlachuck presentation. Afterwards, Clint recommended a book to her, "Untethered Soul". She read it on her trip and said it is a very powerful read.
- B) Vice Chair Bennett: nothing to report at this time.
- C) Member Rakow reported action taken at the BOS meeting on the BHS building facility, there will be no geo-thermal utilities.
- D) Member Kimmel reported: reported that someone inquired about the BV MHSa Coordinator opening.
- E) Member Lovell reported the Library will be serving cookies & cider starting on December 13th, through the end of the month to spread good cheer.

7. Adjournment: 1:12 pm

The next regular meeting of the Mental Health Board will be held on January 25, 2018 at the Firehouse Wellness Center, 96 Washoe Blvd., Markleeville, CA 96120.


Jane Sweeney, Chair
Mental Health Advisory Board