

Alpine County Mental Health Advisory Board

April 25, 2024

Meeting Minutes



MEMBERS PRESENT IN PERSON

Kate Harvey, Chair
Rita Lovell, Member
Sara Daniel, Member
Charlie Dobson, BOS Liaison

MEMBERS ABSENT

Irvin Jim, BOS Supervisor Liaison
Becky Thornburg, Vice Chair

Other Attendees/Guests:

Cindy Heikes, BHS (Minutes)
Kristina Davies, BHS Deputy Director
Deb Goerlich, Guest
Dawn Riddle, Guest
Michelle Kaner, Guest
Briana Vallejo, Guest

1. Call to order regular meeting:

The meeting was called to order at 12:03 pm along with introductions.

2. Oral Communication – General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on items not listed on the agenda. Three minutes per person respectively.

a) None

3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

3.1 April 2024 Agenda was approved.

3.2 February 2024 Meeting Minutes was approved.

3.3 March 2024 Meeting Minutes was approved.

MOTION: Sara Daniel
SECOND: Rita Lovell
Ayes: Kate Harvey
Nays: None
Abstained: None

MOTION CARRIED

4. Unfinished Business

- a. **Update: Fentanyl Awareness and Interagency Response-** Misty did a presentation at Diamond Valley School for the 6th, 7th, and 8th graders. All the students were very engaged, and Kristina was surprised how much these kids knew and how aware they were of what was going on with all the different drugs. Misty used a presentation from Natural High that was geared towards this age group. Then on Wednesday night Misty presented it to the parents of these kids at Hung-A-Lel-Ti. There were 12 kids and 17 adults at this presentation. They also trained the parents on how to use Narcan. There was a lot of positive feedback from the community. From now on Public Health will be taking over the Fentanyl Test and Narcan. Public Health is still deciding if they are going to hand out Narcan to the public. Sara Daniel did say that she would like training for the DA Department.
- b. **Update: Human Trafficking-** Xquisite out of Nevada is willing to do some training with the MHB on Human Trafficking. Brie from Live Violence Free is also willing to help with training.

5. New Business

- a. **Discussion: Financial Review (Q1)-** Q1 is not official and ready to post yet. Some of the items that are looked at are Early Prevention like Senior Soak, yoga, and Create the Good. Currently there is no program at Diamond Valley School that the MHB funds. The reason for the Financial Review is that the MHB should know where and what programs are being funded through the MHSA funds.
- b. **Discussion- Naloxone Training-** There was a discussion regarding Dr. Johnson coming to the MHB meeting and training everyone there on Narcan. Board of Supervisor Charlie Dobson asked about getting the Board of Supervisor's all trained. Everyone also thought it would be great to get training in Bear Valley and Kirkwood. Dawn and Rita were going to reach out to community members in both places to see if they could get some groups together in these areas.
- c. **Discussion – MHSA Annual Update –** The 3-year MHSA plan was just approved and now the annual plan needs to be approved. There is a Public Hearing on 6/5/2024. Prop 1 has revised where a lot of the money can be spent and redistributed the money to different areas.

6. ACBHS Deputy Director Report – Kristina Davies, BHS Deputy Director

- a. Update STIGMA Event Planning – Our goal is to spread out to the different populations in the county. One of the events will be “Walk a Mile for Mental Health”. Kristina would like to carry this one quarterly not just this one time. Another event that will happen in May is 50+ will have a event with Indian Tacos, live music, cornhole games and 10 minutes of meditation.
- b. Update New Bear Valley MHSA Specialist- Nathan Granados was hired for the Bear Valley MHSA specialist. Nathan started in April and is looking forward to taking over for Dawn in Bear Valley.

7. Board Member Reports

- a. None currently.

8. Adjournment 1:04 pm

The next scheduled meeting will be held in person in the Community Room at Behavioral Health Services on May 23, 2024, at 12:00 pm.

*Minutes drafted by: Cindy Heikes
Administrative Assistant III
Alpine County Behavioral Health Services*



Kate Harvey, Chair
Mental Health Advisory Board
Approval Signature Date: _____

