

Alpine County Mental Health Advisory Board

June 27, 2024

Meeting Minutes



MEMBERS PRESENT IN PERSON

Becky Thornburg, Vice Chair
Rita Lovell, Member
Sara Daniel, Member

MEMBERS ABSENT

Irvin Jim, BOS Supervisor Liaison
Kate Harvey, Chair
Charlie Dobson, BOS Liaison

Other Attendees/Guests:

Cindy Heikes, BHS (Minutes)
Deb Goerlich, Guest
Dawn Riddle, Guest
Michelle Kaner, Guest
Briana Vallejo, Guest

Rick Johnson, Guest
Nichole Williamson, BHS Director

1. Call to order regular meeting:

The meeting was called to order at 12:01 pm

2. Oral Communication – General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on items not listed on the agenda. Three minutes per person respectively.

Briana Vallejo from Live Violence Free has received a few grants so they are having funds for donations. They will be having a pop-up Thrift Store this weekend at the American Legion and lots of food for donations at the Food Bank. July is the last month in their building as they are becoming mobile.

3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

3.1 Request approval of June 2024 Agenda and April 2024 Meeting Minutes.

MOTION S. Daniel / SECOND R. Lovell to approve

AYES: B. Thornburg, R. Lovell, S. Daniel

Nays: None

Abstained: None

MOTION CARRIED

4. Unfinished Business-

4.1 Update: Fentanyl Awareness and Interagency Response

- Nichole spoke regarding having a monthly meeting with the tribe regarding resource sharing for these issues.
- The county and tribe have applied for funding for 3 manufactured homes that would be set up for clean and sober living.

4.2 Update: Human Trafficking

- Brenda Sandquist from Equisite gave a presentation regarding this subject matter.

4.3 Mental Health Awareness

- May was Mental Health Awareness month; Dawn spoke on the events that MSHA presented.

4.4 MHSA Annual Update

- Discussion to be addressed in a future MHAB meeting.

4.5 Recruitment to MHAB Discussion

- There was a lot of discussion regarding different areas we could target for recruitment such as Create the Good, Woodsford's Community Council, 50+ and putting a flyer in "Let's Connect" Newsletter.

5. New Business

5.1 DHCS Initiative Updates

- Nichole has provided necessary documentation to the State regarding how Alpine County can handle Mobile Crisis and Care Court. She has received no response yet.

5.2 BHSA Reform Update (Prop 1)

- There have been no changes that our county has seen yet.

5.3 PTSD Awareness

- June is PTSD Awareness month.

6. ACBHS Deputy Director Report

None currently

7. Board Member Reports

None

8. Adjournment 1:18 pm

The next scheduled meeting will be held in person in the Community Room at Behavioral Health Services on July 25, 2024 at 12:00 pm.

*Minutes drafted by: Cindy Heikes
Administrative Assistant III
Alpine County Behavioral Health Services*


Becky Thornburg, Vice-Chair
Mental Health Advisory Board
Approval Signature Date: 8/21/24

