

Alpine County Mental Health Advisory Board

July 25, 2024

Meeting Minutes

MEMBERS PRESENT IN PERSON

Kate Harvey, Chair
Becky Thornburg, Vice Chair
Rita Lovell, Member
Sara Daniel, Member

MEMBERS ABSENT

Irvin Jim, BOS Supervisor Liaison
Charlie Dobson, BOS Liaison

Other Attendees/Guests:

Cindy Heikes, BHS (Minutes)
Kimball Pier, BHS Deputy Director
Deb Goerlich, Guest
Michelle Kaner, Guest
Jackie Springer, Guest
Rick Johnson, Guest
Kari Moore, Guest

1. Call to order regular meeting:

The meeting was called to order at 12:03 pm along with introductions.

2. Oral Communication – General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on items not listed on the agenda. Three minutes per person respectively.

No General Public Comment

3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

3.1 July 2024 Agenda was approved.

3.2 June 2024 Meeting Minutes deferred to next meeting.

MOTION: Rita Lovell

SECOND: Becky Thornburg
Ayes: Kate Harvey, Sara Daniel
Nays: None
Abstained: None
MOTION CARRIED

4. Unfinished Business

4.1 Discussion and possible actions regarding recruitment of new board members:

- Provide transportation to Behavioral Health Board meetings for board members.
- Go to CTG on August 30, 2024, and have a board member sit at each table to discuss becoming a board member.
- Discuss recruitment at 50+.
- Jackie is willing to put something in the next issues of the Alpine Threads.
- Put a section in “Let’s Connect Newsletter”
- Go to “Burritos and Books” in Sierra Pines on 7/31/2024
- Speak with Woodford Community Council about attending one of their meetings.
- Go to Kirkwood during the “Book Mobile” and possibly see if Kara might know people who would be interested.
- Talk to Nathan about presenting something during the Bear Valley CTG.
- Becky and Kate will work on the details for all of these projects.

MOTION: Sara Daniel
SECOND: Rita Lovell
Ayes: Kate Harvey, Becky Thornburg
Nays: None
Abstained: None
MOTION CARRIED

5. New Business:

5.1 By-Laws review and updates:

- Lots of changes because of Prop 1 that go into effect 1/25/2025.
- The MHB needs to add a youth member, a employee of Education, and a Veterans advocate.
- It will change from Mental Health Board to Behavioral Health Board.
- AOD needs to change to Substance Use Disorder.
- The bylaws need to be reviewed and before any changes are made it has to go to county counsel.

6. BHS Director’s Report:

No Report

7. ACBHS Director Report –

Kimball Pier introduced herself as the new Deputy Director of Behavioral Health and gave some of her background

8. Board Member Reports:

- Member Sara Daniel reported: She is filling out a Grant Application for Victim Witness to be used for violence prevention.
- Member Becky Thornburg reported: Nothing
- Member Rita Lovell reported: Nothing
- Chair Kate Harvey reported: There is a convention for NAMI October 3 &4, 2024 if anyone would like to attend.

9. Adjournment 1:22pm

The next scheduled meeting will be held in person in the Community Room at Behavioral Health Services on August 22, 2024, at 12:00 pm.

*Minutes drafted by: Cindy Heikes
Administrative Assistant III
Alpine County Behavioral Health Services*



Kate Harvey, Chair
Mental Health Advisory Board
Approval Signature Date: 7/31/24