

Alpine County Mental Health Advisory Board

August 22, 2024

Meeting Minutes



MEMBERS PRESENT IN PERSON

Kate Harvey, Chair
Becky Thornburg, Vice Chair
Rita Lovell, Member
Sara Daniel, Member

MEMBERS ABSENT

Irvin Jim, BOS Supervisor Liaison
Charlie Dobson, BOS Liaison

Other Attendees/Guests:

Cindy Heikes, BHS (Minutes)
Kimball Pier, BHS Deputy Director
Deb Goerlich, Guest
Dawn Riddle, MHSA Specialist
Michelle Kaner, Guest
Jackie Springer, PH
Kari Moore, PH

Nichole Williamson, CAO/BHS Director
Rick Johnson, Health Officer

1. Call to order regular meeting:

The meeting was called to order at 12:05 pm along with introductions.

2. Oral Communication – General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on items not listed on the agenda. Three minutes per person respectively.

- 2.1** Nichole Williamson- Per the By-Laws the name Mental Health Board must stay until it is changed in the By-Laws.

3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

- 3.1 Approve June 2024 minutes
- 3.2 Approve July 2024 minutes
- 3.3 Approve August 2024 agenda

MOTION B. Thornburg/SECOND S. Daniel to approve

Ayes: K. Harvey, R. Lovell, S. Daniel, B. Thornburg

Nays: None

Abstained: None

MOTION CARRIED

4. Unfinished Business

4.1 Check-in on recruitment for new Board Members.

- Kate posted flyers around town.
- Kate & Becky will be at 8/30/2024 CTG.
- Dawn will put flyer in the next “Let’s Connect”.
- Jackie is putting flyer in September Alpine Threads.
- Someone will go to Books & Burritos on 8/28/24.
- Kate is working with library for the Kirkwood Book Mobile.
- Amy is posting recruitment flyer at Bear Valley.

4.2 Changes in by-laws.

- Look at a section of the by-laws each month to review and make changes.
- After making the changes, sent to County Council to review and then to the BOS for approval.

5. New Business

5.1 none

6. ACBHS Director & Deputy Director Report –

6.1 Update on MHSA and clinical services.

- We now have a Wellness Center at Diamond Valley School.
- Home-based services and site-based services at Hung-a-lal-ti Firehouse as of 9/1/2024. Dawn will be there full-time, along with Misty being there a couple days a week.
- Working on a proposed draft with Alpine County Sheriff for providing onsite assessment for triage.

- MHSA plan updates- Full Services Partnership increased which helps at HALT. Funding for General Development increased for Supportive Services, such as loans or grants to develop supportive housing.
- There is New Title 9 Regulations going into effect August 1, 2024.

6.2 Update on prevention programs- Books & Burritos is going great, Jackie took 10 quit kits and returned with 2. There will be a Chili & Salsa Cookoff on October 5, 2024, for Alpine Kids Fundraiser.

6.3 Nichole announced new HHS/BHS Director Suzanne Garcia will start 8/28/2024.

- There has been another Fentanyl death in the community. This has put us into a State of Emergency as it has exhausted Child Welfare and tapped our resources. The state will encourage other counties to help but the surrounding counties are tapped out as well.

7. Board Member Reports:

- 7.1 Kate will write a letter as the Chair to Local Health Emergency HSD 101080 regarding our State of Emergency.
- 7.2 Becky- None
- 7.3 Sara- None
- 7.4 Rita- Talked about the wonderful hike that Park RX did. Wine in the Garden this Friday, a fundraiser for the library.

8. Adjournment 1:14pm

The next scheduled meeting will be held in person in the Community Room at Behavioral Health Services on September 26, 2024, at 12:00 pm.

*Minutes drafted by: Cindy Heikes
Administrative Assistant III
Alpine County Behavioral Health Services*



Kate Harvey, Chair
Mental Health Advisory Board
Approval Signature Date: 9/16/2024

