

Alpine County Mental Health Advisory Board

September 26, 2024

Meeting Minutes

MEMBERS PRESENT IN PERSON

Kate Harvey, Chair
Rita Lovell, Member
Sara Daniel, Member
Becky Thornburg, Vice Chair

MEMBERS ABSENT

Irvin Jim, BOS Supervisor Liaison
Charlie Dobson, BOS Liaison



Other Attendees/Guests:

Cindy Heikes, BHS (Minutes)
Kimball Pier, BHS Deputy Director
Scott Thompson, Guest
Dawn Riddle, Guest
Jackie Springer, Guest
Briana Vallejo, Guest

1. Call to order regular meeting:

The meeting was called to order at 12:02 pm along with introductions.

2. Oral Communication – General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on items not listed on the agenda. Three minutes per person respectively.

a) None

3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

- a. September 26, 2024, Agenda Approval
- b. August 22, 2024, Minutes Approval

MOTION: Sara Daniel

SECOND: Rita Lovell

Ayes: Kate Harvey, Becky Thornburg

Nays: None

Abstained: None

MOTION CARRIED

4. Unfinished Business:

4.1 Chek-in on Recruitment for new Board Members

- Kate realized we cannot recruit for the new positions as they are not listed in the by-laws yet.
- Kate is not sure on providing transportation from HALT as Dial A Ride cannot always be depended on. Dawn said now that she is at the Firehouse she could provide transportation.
- Kate has gone to CTG but not spoken to people regarding the MHAB, it was suggested they should just make announcements when they are there. Announcements should be made at the Bear Valley CTG and Jackie could make an announcement when they do Movie Night in Kirkwood in January.
- The recruitment flyer will be posted in "Let's Connect" once the changes are made to the by-laws.

4.2 Changes in the by-laws

- The steps in changing the by-laws are once the MHAB comes to an agreement on what the changes are, it is presented to County Clerk's office. From there it is reviewed by County Counsel and then sent back to the County Clerk who places the by-law changes on the Board of Supervisors agenda for final approval.

5. New Business

5.1 SUD presentation was postponed until next month.

- Kimball did mention that in HALT Public Health has gone door to door and handed out Narcan.
- There are copycat drugs out there that Narcan will not respond too.
- Misty is working with Crossroads to help at HALT.
- The only option for Narcan at Bear Valley is at the library which closes at 5:30 or the sheriff's department. There needs to be more options.

6. ACBHS Deputy Director Report

6.1 Update on MHSA and clinical services:

- The wellness center at DVS will not be staffed by ACBHS but by Sierra Child and Family Services.
- There will be a Safe Talk training at Hung-a-lel-ti Firehouse on Friday October 25th from 1:00-4:40.
- ASIST-Applied Suicide Skill Intervention training is scheduled for November 7th-8th. The location is TBA but probably at the Firehouse or Gym.

- As of 9/25/2024 there is an agreement with ACSO and BHS with the Crisis Co-Response procedure.

6.2 Update on prevention programs.

- The Remembrance Walk is tonight at HALT for anyone who has lost someone.
- The Chili Cookoff is October 5th in downtown Markleeville.
- There will be Trunk or Treat on October 23 in HALT.
- Misty and Jackie will be doing Red Ribbon week October 23-31 at DVS.
- Kari has been doing sewing classes in Bear Valley and Kathy Rakow has been doing them at the Firehouse on Tuesday.

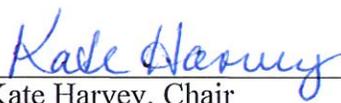
7. Board Member Reports

- Rita wanted to remind everyone that they were still having Storytime at the library, and they also have sewing classes there.
- Sara reported on her grant and there should be new funding as of October 1, 2024
- Kate and Becky had nothing to report at this time.

8. Adjournment 1:17pm

The next scheduled meeting will be held in person in the Community Room at Behavioral Health Services on October 24, 2024, at 12:00 pm.

*Minutes drafted by: Cindy Heikes
Administrative Assistant III
Alpine County Behavioral Health Services*



Kate Harvey, Chair
Mental Health Advisory Board
Approval Signature Date: 10/8/24

