

Alpine County Mental Health Advisory Board

October 24, 2024

Meeting Minutes



MEMBERS PRESENT IN PERSON

Kate Harvey, Chair
Becky Thornburg, Vice Chair
Rita Lovell, Member
Sara Daniel, Member
Scott Thompson, Member

MEMBERS ABSENT

Irvin Jim, BOS Supervisor Liaison
Charlie Dobson, BOS Liaison

Other Attendees/Guests:

Cindy Cruz, BHS (Minutes)
Tim Streeper, Guest
Deb Goerlich, Guest
Dawn Riddle, Guest

Rick Johnson, Guest
Misty Dee, Guest
Michelle Kaner, Guest

1. Call to order regular meeting:

The meeting was called to order at 12:01 pm along with introduction of Scott Thompson as our new board member.

2. Oral Communication – General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on items not listed on the agenda. Three minutes per person respectively.

a) None

3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

- a) September 26, 2024, Agenda and August 2024 Minutes are being postponed until the November 21, 2024, meeting as they were not accurate.

4. Unfinished Business

4.1 Changes in by-laws

- Discussion of the changes that need to be made in the by-laws. The changes will be made available at next meeting for final review and draft.

5. New Business

5.1 Nominate New Officers for 2025

- Becky was nominated for Chair
- Sara was nominated for Vice-Chair
- These positions will be voted on in November meeting.

6. BHS Deputy Director Report

6.1

- Kimball resigned and today was her last day.
- Data Dictionary-This should be Data Notebook, and will be discussed next in the November meeting.
- There is an ASIST training Nov 6th & 7th and there is also a Safe Talk Training Oct 25 after Create the Good.
- Public Health has declared a State of Emergency regarding the Fentanyl issues in our county. This brings awareness to the Governor and CalOES so that we might get assistance with Social Workers and Clinical help.

6.2 Update on prevention Programs

- Create the Good is at Bear Valley tonight with a Halloween craft. Nathan has been at the library helping people sign up for Medi-cal.
- Dawn has been working with Washoe Tribe and they are going to have an Elders Lunch and Bingo on November 25, 2024.
- Kathy Rakow and Kari have been doing sewing classes every Tuesday at the Firehouse.
- Jackie had 40 people at Movie Night and about 100 at the Trunk or Treat event.

6.3 Update on SUD groups and services

- There was a Community Response Meeting on October 16, 2024, led by Dr Martinez.
- Discussion on the new Wellness Center at DVS and is up and running with Sierra Child and Wellness Center. Misty is hoping she will be able to help there also.
- Misty and Camille Simpson from Washoe Wellness Center are starting a Grief Group on Thursday's at 5:30.

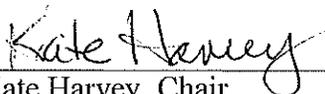
7. Board Member Reports

Kate wanted to thank Kimball for all she did for the community and Behavioral Health.

8. Adjournment 1:18pm

The next scheduled meeting will be held in person in the Community Room at Behavioral Health Services on November 21, 2024, at 12:00 pm.

*Minutes drafted by: Cindy Cruz
Administrative Assistant III
Alpine County Behavioral Health Services*



Kate Harvey, Chair
Mental Health Advisory Board
Approval Signature Date: 11/14/2024

