

Alpine County Mental Health Advisory Board

November 21, 2024

Meeting Minutes



MEMBERS PRESENT IN PERSON

Kate Harvey, Chair
Becky Thornburg, Vice Chair
Rita Lovell, Member
Sara Daniel, Member
Scott Thompson, Member

MEMBERS ABSENT

Irvin Jim, BOS Supervisor Liaison
Charlie Dobson, BOS Liaison

Other Attendees/Guests:

Cindy Cruz, BHS (Minutes)
Suzanne Garcia, HHS Director
Deb Goerlich, Guest
Dawn Riddle, Guest
Michelle Kaner, Guest
Rick Johnson, Guest
Jackie Springer, Guest

Kari Moore, Guest
Amy Broadhurst, Guest

1. Call to order regular meeting:

The meeting was called to order at 12:07 pm along with introductions.

2. Oral Communication – General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on items not listed on the agenda. Three minutes per person respectively.

- a) Amy announced 1st Five received 29 kid's applications for "Book in the Mail". They are also doing Playtime on the 3rd Friday of each month.

3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

- a. Request approval of regular meeting minutes for September 26, 2024 and October 24, 2024.

- *MOTION: Sara Daniel*
- *SECOND: Becky Thornburg*
- *Ayes: Kate Harvey, Scott Thompson*
- *Nays: None*
- *Abstained: Rita Lovell*

MOTION CARRIED

4. Unfinished Business

- Discussion and possible action regarding the drafted amendments to current bylaws required from the passage of Proposition 1 that goes into effect January 2025.
 - Changes Discussed-The board thought it would attract more people if we could have members be 25 years or younger instead of Consumer or family member of the consumer be 25 years or younger.
 - Minor grammar, spelling, punctuation, changes were discussed.
- When mentioned, changed BHS Director to add “BHS Director or designee”
- Request approval for selection of Chair for calendar year 2025.

MOTION: Sara Daniel/SECOND: Rita Lovell for the nomination of Becky Thornburg for Chair

- *Ayes: Kate Harvey, Sara Danel, Scott Thompson, Rita Lovell*
- *Nays: None*
- *Abstained: Becky Thornburg*

MOTION CARRIED

- Request approval for selection of Vice Chair for calendar year 2025.

MOTION: Rita Lovell/SECOND: Becky Thornburg for the nomination Sara Daniel for Vice Chair

- *Ayes: Kate Harvey, Scott Thompson, Becky Thornburg, Rita Lovell*
- *Nays: None*
- *Abstained: Sara Daniel*

MOTION CARRIED

5. New Business

5.1 Discussion and possible action to approve Special Meeting in December.

- No action was taken as there needed to be better clarification as to how the by-laws steps needed to proceed.

6. ACBHS Director Report –

6.1 Introduction to Suzanne Garcia new HHS Director.

- Suzanne is an attorney who was working with Tribal Law & Policy Institute.
- Herself and Dr. Art Martinez have been working together with the Washoe Tribe for many years.
- Suzanne has been working alongside Art here in Alpine County for the past few years.

6.2 Data Notebook Survey

- The Data Notebook Survey will be filled out by a BHS staff member and shared with the MHAB.

7. Board Member Reports

7.1 Kate Harvey-None

7.2 Becky Thornburg-None

7.3 Sara Daniel- She has been working on the Holiday Food and Gift Drive. They could still use more donations.

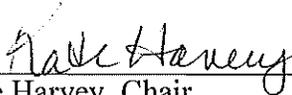
7.4 Rita Lovell- Went to a Library Conference, and they focused on Self-Care. At the September meeting Nichole announced that they might be getting rid of yoga. Rita would really like to see it stay even if she needed to donate money towards it.

7.5 Scott Thompson- Suggested that there needs to be Narcan for the ski area now that it is open.

8. Adjournment 1:22pm

The next scheduled meeting will be held in person in the Community Room at Behavioral Health Services on January 23, 2025, at 12:00 pm.

*Minutes drafted by: Cindy Heikes
Administrative Assistant III
Alpine County Behavioral Health Services*



Kate Harvey, Chair
Mental Health Advisory Board
Approval Signature Date: 12/13/2024

