

# Alpine County Mental Health Advisory Board

January 23, 2025

## Meeting Minutes



### MEMBERS PRESENT IN PERSON

Becky Thornburg, Chair  
Sara Daniel, Vice Chair  
Kate Harvey, Member  
Rita Lovell, Member

### MEMBERS ABSENT

Irvin Jim, BOS Supervisor Liaison  
Charlie Dobson, BOS Liaison

### Other Attendees/Guests:

Cindy Heikes, BHS (Minutes)  
Kimball Pier, BHS Deputy Director  
Nichole Williamson, HHS Director  
Jackie Springer, Guest  
Kari Moore, Guest  
Amy Broadhurst, Guest  
Briana Vallejo, Guest

### Roll Call

Via Teams Meeting ID: 228388 953 459  
Passcode: m4GQ2VZ7  
Location: 367 Creekside Drive Bear Valley,  
CA 95223  
Attendee(s): Member Scott Thompson  
Nathan Granados, Guest

#### **1. Call to order regular meeting:**

The meeting was called to order at 12:03 pm along with introductions.

#### **2. Oral Communication – General Public Comment**

**This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on items not listed on the agenda. Three minutes per person respectively.**

- a) Jackie Springer- Healing Center is offering Parenting Class and they are also having a Fun Run.
- b) Amy Broadhurst- 1<sup>st</sup> Five is working on their new Strategic Plan for the 25/26 year. If you would like to be involved they are meeting February 5, 2025, at Diamond Valley School from 1:00-2:30.

### 3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

- a. Request approval of November 21, 2024, minutes and January 23, 2025, agenda.

*MOTION: Sara Daniel*

*SECOND: Kate Harvey*

*Ayes: Becky Thornburg, Rita Lovell, Sara Daniel, Kate Harvey, Scott Thompson*

*Nays: None*

*Abstained: None*

**MOTION CARRIED**

### 4. Unfinished Business

- a. Finish discussion of By-Laws process: Not all board members have read through the by-laws, will continue to February meeting with an action.

### 5. New Business

- a. Status of Yoga:

- Yoga is suspended until March 4<sup>th</sup> per instructor.

- b. Dawn's Retirement:

- This is well deserved but she will be missed.

- c. Jackie's Promotion:

- Jackie has taken over Dawn's position and Kari also has been promoted to Public Health Coordinator.

- d. Kimball's Return:

- Welcome back Kimball. Kimball has been appointed the Mental Health Director.

- e. MHAB Calendar

- There is no calendar at this time so this will be scheduled at the next meeting.

### 6. ACBHS Deputy Director Report –

- a. We would like to move these meetings to 10:00 as this is lunchtime for our staff. This discussion will continue.

**7. Board Member Reports**

- a) Scott- Regarding having Narcan in public areas, Nathan talked to BV Lodge, and they are willing to put Narcan in the Lodge as long as they are not liable for it. Nathan will talk with Jackie and Kari to get vending machines with Narcan in it for them.
- b) Kate- Welcome back Kimball.
- c) Rita- The Library has Take Your Child to the Library Day on February 1 from 11:00-4:00.
- d) Sara- Nothing
- e) Becky- Nothing

**8. Adjournment 1:11pm**

The next meeting scheduled will be held in person in the Community Room at Behavioral Health Services on February 27, 2025, at 12:00 pm.

*Minutes drafted by: Cindy Cruz  
Administrative Assistant III  
Alpine County Behavioral Health Services*

  
Becky Thornburg, Chair  
Mental Health Advisory Board  
Approval Signature Date: 2/4/2025

