

Alpine County Mental Health Advisory Board

March 27, 2025

Meeting Minutes



MEMBERS PRESENT IN PERSON

Sara Daniel, Vice Chair
Kate Harvey, Member
Rita Lovell, Member

MEMBERS ABSENT

Becky Thornburg, Chair
Scott Thompson, Member
Irvin Jim, BOS Supervisor Liaison
Charlie Dobson, BOS Supervisor Liaison

Other Attendees/Guests:

Kimball Pier, BHS Deputy Director
Jackie Springer, MHSA Specialist
Kari Moore, PH Program Coordinator
Dr. Johnson, Health Officer

1. Call to order regular meeting:

The meeting was called to order at 12:04 pm along with introductions.

2. Oral Communication – General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on items not listed on the agenda. Three minutes per person respectively.

NONE

3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

- a. March 2025 Agenda was approved.

MOTION: Rita

SECOND: Kate

Ayes: All

Nays: None

Abstained: None

MOTION CARRIED

4. Unfinished Business

- 4.1 **Continued discussion with possible actions:** Update on the status of By-Laws revisions. – The by-laws are currently with County Council, Charles McKee for approval. No action taken.
- 4.2 **Continued discussion with possible actions:** Change time of Mental Health Advisory Board Meeting from noon to 10:00 am.- Tabled until entire board is present.

5. New Business – Discussion with possible action

- 5.1 **Status of yoga classes in Markleeville:** Yoga discontinued in Markleeville. Notice sent out for AM yoga link. Yoga doesn't fit in MHSA requirements.
- 5.2 **MHSA Three-Year Plan Annual update for stakeholder review** – Complete by April 15, 2025. In FY 2025/26 there will be big changes to the MHSA plan. We have to use MHSA funding for services ACUSD Wellness Center and possibly HALT.
- 5.3 **Mental Health Advisory Board 2025 Calendar:** Tabled until next meeting.
- 5.4 **Mental Health Awareness Month in May:** There will be an Open House on May 16 at CTG at the Firehouse. May 20 from 12:00-2:00 at the library and May 30 CTG at the BHS Community Room.

6. ACBHS Director Report:

- 6.1 **Update on MHSA Programming:** 50+ is winding down and might incorporate with CTG. We are trying to get the Elders and more than just 50+ age range.
- 6.2 **Crisis Care Mobile Unit (CCMU) update:** We are trying to share contract with El Dorado County through Sierra Mental Group for the east side. Meet with Calaveras County but that doesn't meet the CCMU requirements.
- 6.3 **Care Court Update:** This is a voluntary program, with no incentive to participate. They must meet criteria and willingly participate.
- 6.4 **Quarterly Inter-Agency Team Meeting:** April 17 from 1:00-2:30 at the BHS Community Room.
- 6.5 **SUD updates:** Tabled, no Misty

7. Board Member Reports: None

8. Adjournment: 12:59

The next scheduled meeting will be held in person in the Community Room at Behavioral Health Services on April 24, 2025, at 12:00 pm.



Sara Daniel, Vice-Chair

Minutes drafted by: Cindy Cruz

Administrative Assistant III
Alpine County Behavioral Health Services

Mental Health Advisory Board
Approval Signature Date: 4/11/25