

Alpine County Mental Health Advisory Board

May 28, 2025

Meeting Minutes



MEMBERS PRESENT IN PERSON

Sara Daniel, Vice Chair
Scott Thompson, Member
Rita Lovell, Member

MEMBERS ABSENT

Charlie Dobson, BOS Liaison
Becky Thornburg, Chair
Irvin Jim, BOS Supervisor Liaison

Other Attendees/Guests:

Cindy Cruz, BHS (Minutes)
Kimball Pier, BHS Deputy Director
Jackie Springer, MHSA Specialist Guest
Kari Moore, Public Health Guest

1. **Call to order regular meeting:**

The meeting was called to order at 12:03.

2. **Oral Communication – General Public Comment**

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on items not listed on the agenda. Three minutes per person respectively.

a) None

3. **Consent Agenda**

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

- a. March 2025 (Correction May 22, 2025)
- b. Approve March 27, 2025 minutes

MOTION: Rita

SECOND: Scott

Ayes: Rita, Scott, Sara

Nays: None

Abstained: None

MOTION CARRIED

4. Unfinished Business

- 4.1 By-laws – There has been no approval yet from Charles McKee, Alpine County Counsel regarding the by-laws. Item continued.
- 4.2 Mental Health Advisory Board Calendar-To be continued as there is no Calendar yet.

5. New Business

- 5.1 MHSA Three Year Plan Annual Update posted for review and comment on April 22, 2025- This will be taken down tomorrow, unknown if there have been any comments from the community.
- 5.2 Mental Health Awareness Month in May – There was an Open House on May 16 at CTG at the Firehouse with 23 attendees. May 20 at the library with 6 attendees and upcoming on May 30 CTG at the BHS Community Room.

6. ACBHS Deputy Director Report –

- 6.1 MHSA updates- Jackie, MHSA Program Specialist reported she is doing a clothing swap next month at HALT, last night they did movie night at HALT and had 27 attendees. 50+ is winding down and Jackie will be changing it to an Elders Lunch once a month. On Tuesdays at HALT she is doing a Maker Space where people can come and work on any project they would like. Jackie is also planning Field Trips for the kids this summer.
- 6.2 Crisis Care Mobile Unity (CCMU) update from Kimball Pier BHS Deputy Director,- BHS was hoping to enter into a contract with El Dorado County to meet the CCMU requirements however, EDC County Counsel was not confident that the legal mandates could be met. ACSO will no longer respond to a mental health crisis unless a crime is being committed.
- 6.3 Quarterly Inter-Agency Team meeting – Update and recap. Every group has worked on different projects. One team is going to the Opportunity School and finding out what the kids would like to do for a job when they are becoming of age and then they are setting them up with a mentor to show them exactly how the job works. Another team is going out to HALT and they are going to have the kids teach them how they would like to see changes in their community. One team is working on Digital Information Boards to have around the county to update the community on events that are going on along with resources that are available to them.
- 6.4 SUD updates – Misty has contracted with Sierra County to see some of their clients via Telehealth. This helps Sierra County reduce client load and allows Misty obtain her hours for her license quicker.

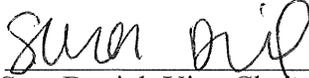
7. Board Member Reports

- a. Sara – None
- b. Scott – Scott would love to see a nurse and a clinical person in Bear Valley at least once a month. Kimball is working on something and hopefully can resolve this issue soon.
- c. Rita – Earth Day with Tribal Healing was well attended.

8. Adjournment 1:01pm

The next scheduled meeting will be held in person in the Community Room at Behavioral Health Services on June 27, 2025, at 12:00 pm.

*Minutes drafted by: Cindy Cruz
Administrative Assistant III
Alpine County Behavioral Health Services*



Sara Daniel, Vice-Chair
Mental Health Advisory Board
Approval Signature Date: 5/29/25