



## Public Health Brief

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Wednesday December 4, 2019



### What are the benefits of flu vaccination?

Getting vaccinated yourself may also protect people around you, including those who are more vulnerable to serious flu illness, like babies and young children, older people, and people with certain chronic health conditions.

See the [A Strong Defense Against Flu: Get Vaccinated!](#) fact sheet.

Give us a call to protect yourself, your family, and your community!!



**Public Health**

Prevent. Promote. Protect.

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